

# AQUA EXCEL 2020

AQUAculture infrastructures for EXCELlence  
in European fish research towards 2020 —  
AQUAEXCEL2020

## D8.2 - Prototype biological test



## Executive Summary

### Objectives

Technical optimization of the AEFishBIT prototype and assessment of calculated parameters in exercise tests and free-swimming conditions.

### Rationale:

Non-invasive monitoring of animal behaviour and locomotion becomes a valuable tool for welfare assessment that is a major challenge in aquaculture for optimization of rearing conditions and production. The suitability of AEFishBIT device to monitor simultaneously fish physical activity and respiratory frequency was first determined in exercise tests (Deliverable D8.1). In order to extend the functional autonomy of the sensor, an on-board algorithm calculation procedure has been programmed and implemented in the AEFishBIT microprocessor. This feature has allowed obtaining a wider range of measurements in exercised fish in a swim chamber respirometer, and also determining the circadian activity patterns of free-swimming fish in rearing tanks. Another issue to be considered is the impact of device attachment in fish physiology and behaviour. Adaptation of attachment procedures suitable for long-term experiences and different fish morphologies is envisaged with 3D-printed dummies that mimic the weight (900 mg) and size (14 x 7 x 7 mm) of the current AEFishBIT prototype. Results further emphasize the potential use of miniaturized devices for non-invasive and reliable metabolic phenotyping of challenged fish in different aquaculture conditions, with the final aim to improve overall fish performance and welfare.

### Main Results:

- Algorithm programming for on-board calculation of respiratory frequency and physical activity index has increased the recording autonomy of AEFishBIT to more than 6 hours of data. This versatility allows the design of different short- and long-term experimental schedules.
- The increase in sampling points made it possible to detect the shift from aerobic to anaerobic metabolism in exercise challenged fish. Multivariate analysis of AEFishBIT data provided a good discrimination of the aerobic/anaerobic condition.
- Continuous data recording for 2 days in free-swimming gilthead sea bream in culture tanks resulted in three main activity patterns (chronotypes) that could be associated with differences in fish performance, resulting in a potential trait of interest for the control of fish stocks.
- Tagging with the small and light AEFishBIT device did not alter circulating levels of stress markers (cortisol, glucose, lactate) after one week of implantation in fish operculum. Reduced plasma triglycerides levels revealed a transient inhibition of feed intake in small fish (sea bream 50-90 g, European sea bass 100-200 g), but this disturbance was not detected in larger fish. Alternative attachment procedures have been examined and applied for minimal invasiveness during longer experimental periods in several fish species.

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Part of the work included in this Deliverable has been submitted for publication in the Open Access journal *Frontiers in Physiology*. The original manuscript, that also includes results from Deliverable D8.1, is provided as [Annex 2](#).

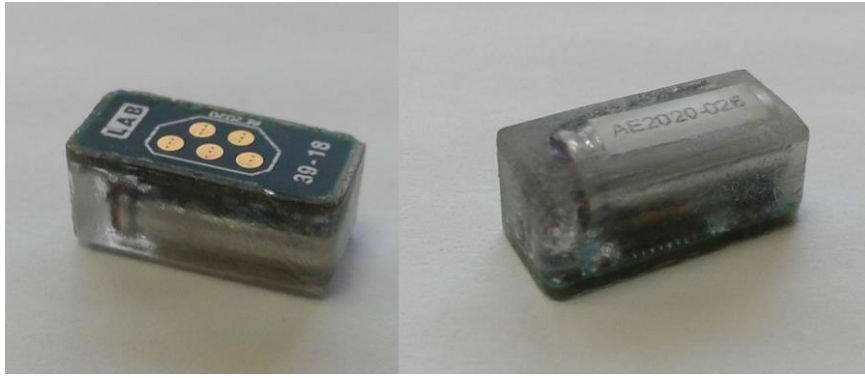
## 1. Prototype improvement

A first version of the AEFishBIT device was designed and constructed as part of Task 8.1 of the AQUAEXCEL<sup>2020</sup> project. The initial prototype is based on a tri-axial accelerometer placed in the operculum of fish for measuring accelerations in x-, y- and z-axes. This approach allows monitoring of physical activity and also of respiratory frequency. Exercise tests conducted in device-tagged gilthead sea bream in a swim chamber respirometer served as proof of concept of the functional significance of the measured parameters that was reported in Deliverable D8.1, including routine visual observations to confirm that the respiration algorithm is a reliable converter of respiratory frequency. Thus, this sensor is suitable for the assessment of fish physical activity and energy expenditure status, and this metabolic phenotyping would serve to improve overall fish performance and welfare. To achieve this goal, efforts in the present Deliverable have been devoted to overcome technical limitations of the first prototype, as well as to assess the impact of AEFishBIT attachment on different fish species and sizes.

Data recording of the previous AEFishBIT was limited to three sets of 2 minutes raw data for a given experimental schedule, that were transferred to a computer after tests for processing and calculations of the physical activity index and respiratory frequency. This limited number of time windows was enough for preliminary functional tests that ensured the validity of data, but larger recording times become necessary for further operational and biological tests. This issue has been solved as detailed below (Sections 2 and 3 of this Deliverable) by programming of a calculation algorithm in the device microprocessor, and this approach extended the total recording time to more than 6 hours in different programmable schedules.

The impact of device attachment in fish operculum has been also examined by assessment of behaviour and welfare parameters of tagged fish (as detailed in Section 4 of this Deliverable). The attachment system used in the initial tests consisted in piercing of a light laboratory tag (RapID tags from RapID Lab, Inc) to fish opercula and fixation of a rigid polyamide PA 2200 3D-printed pocket to the exterior side of the RapID tag (as shown in *Figure 2* of [Annex 2](#)). Such approach was valid for short-term validation experiences, but this system procedure was not operative for more than 1-2 weeks due to the appearance of macroscopic signals of damage and necrosis caused by loosening at the piercing location. Alternative attachment procedures for sea bream and sea bass have been initially examined for a more practical and routine use of this device in fish farming.

Also, the operational time of the device in marine environment has been extended in the last AEFishBIT version with a more compact design (14 x 7 x 7 mm) that further prevents electrical problems due to water contact ([Figure 1](#)). The connection pins for charge and data transmission have been reallocated in the bottom side of the new printed circuit board (pcb) that is manufactured in multilayer technology without through holes. The combination of the compact pcb and the protective enclosure results in a fully sealed device with a weight of around 900 mg. This design can stand water contact with the connector pins and the supply voltage of the battery is protected by a diode that prevents its discharge. Data transmission signals are always in the high impedance state during the experiments, which prevents the leakage of electrical current. In practical terms, usage tests show that every AEFishBIT device can be used up to 5 times in sea water without any malfunctioning risk.



**Figure 1.** Photograph of encapsulated current AEFishBIT prototype. Dimensions are 14 x 7 x 7 mm.

## 2. On-board algorithm

In order to overcome memory limitation and increase the number of measurements in a given experiment, software development offered the possibility to process recorded data for on-board calculation of physical activity index and respiratory frequency. With this approach, acceleration data from 2 minutes was used for the calculation of the activity and respiration indexes, and only the calculated values were stored in the device memory. Data post-processing in each measured interval maximized the data storage in the memory of the data-logger. This procedure extended the autonomy of the system up to 6 hours of continuous data recording, allowing possible different short- and long-time schedules, adjusted for instance to 2 days (2 minutes recording each 15 min), 8 days (2 minutes recording each 60 min) or 24 days (2 minutes recording each 180 min) as long as the battery of the device is operative.

Algorithms for direct on-board calculation of respiratory frequency and physical activity index by the sensor were programmed through the FRMD-KL25Z algorithm platform and uploaded to the device. This step required some mathematical approximations in the formulas initially used for the calculation of the physical activity index (provided in the Data acquisition and software processing section of Annex 2) in order to ease microprocessor function. For instance, given the accelerations in the x- and y-axis, named  $a_x(n)$  and  $a_y(n)$  respectively, they were derived as  $d_x(n) = a_x(n) - a_x(n-1)$  and  $d_y(n) = a_y(n) - a_y(n-1)$ . The standard deviation of  $d_x(n)$  and  $d_y(n)$  was approximated by:

$$\sigma_x = \frac{\sum_{n=1}^N |d_x(n) - \mu_x|}{N} \quad \text{and} \quad \sigma_y = \frac{\sum_{n=1}^N |d_y(n) - \mu_y|}{N}$$

where  $\mu_x$  and  $\mu_y$  are the average of  $d_x(n)$  and  $d_y(n)$  respectively and  $N$  is the number of samples of the frame under study. The activity index were obtained as the energy of the jerk (the first temporal derivative of acceleration) approached as:

$$E_{jerk} = \sigma_x + \sigma_y.$$

The value of  $T$  was changed from 10 seconds to 10.24 seconds. It means a frame of 1024 data samples, which is a power of 2 and allows a more convenient programming of the sensor. Data post-processing in each measured interval maximized the data storage in the memory of the data-logger.

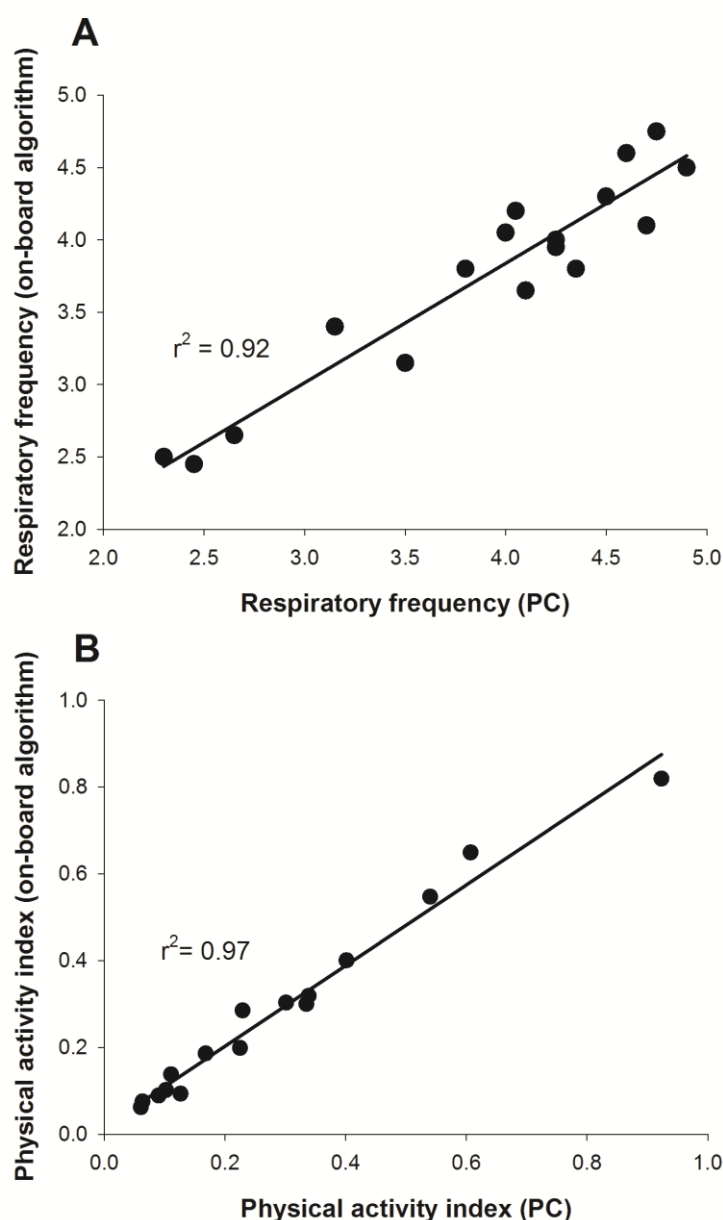
### 3. Functional testing with on-board algorithm

#### 3.1 Swim chamber respirometer

Sea bream with the implanted device were exercised in an intermittent-closed swim tunnel respirometer of 10 L water volume (Loligo® Systems). For each fish, devices were programmed to store raw data (in the same way as in the proof of concept experiences detailed in Deliverable D8.1) and algorithm processed results in order to assess their correlation. The swim tunnel was submerged into a water bath that served as a water reservoir for flushing the respirometer after each closed respirometer run (flush pump: Eheim 1048, 10 L/min). To ensure constant high water quality, the water bath was connected by a second flush pump (Eheim 1250, 20 L/min) to a 100 L reservoir tank coupled to a re-circulatory system equipped with physical and biological filters and a programmable temperature system fixed at 24-25 °C. Sea water (80-95% O<sub>2</sub> saturation) flowed back into the re-circulatory system by means of gravity, remaining unionized ammonia, nitrites and nitrates almost undetectable along the whole experiment. A thruster within the respirometer was used to generate a swimming current. Water velocities were calibrated with a hand-held digital flow meter that was ordered by the controller Movitrac® LTE 0.37kW/0.5HP (SEW Eurodrive). Respirometry runs and chamber flushing were automatically controlled with the DAQ-M instrument (Loligo® Systems) connected to a PC equipped with AutoResp™ software (Loligo® Systems). Water temperature and O<sub>2</sub> saturation within the respirometer were measured using a Witrox 1 single channel O<sub>2</sub> meter (Loligo® Systems), equipped with a needle-type fibre optical micro-sensor (NTH, PreSens-Precision Sensing GmbH) and a temperature probe suspended into the water current within the respirometer.

Tests were conducted in overnight fasted sea bream juveniles (80-100 g body weight) reared in the indoor experimental facilities of IATS-CSIC under natural photoperiod and temperature conditions (40°5'N; 0°10'E). Anaesthetized fish with the implanted AEFishBIT were transferred into the swim tunnel and allowed to recover and acclimate at a swimming speed of 0.5-1.0 body-lengths per second (BL/s), until their measurements of O<sub>2</sub> consumption rates (MO<sub>2</sub>) reached a constant low plateau. This was achieved when the regression line between the O<sub>2</sub> consumption and time after transfer was not significantly different from zero during four consecutive 5 minute intervals, and it typically happened after 30-45 minutes with MO<sub>2</sub> around 220-240 mgO<sub>2</sub>/kg/h (Martos-Sitcha *et al.*, 2018). After this acclimation period, water velocity was increased in 0.5 BL/s steps, and specimens were submitted to controlled speeds from 1 BL/s until exhaustion (fish were considered exhausted when they rested at the back grid for at least 5 sec). Each swimming interval at a given velocity lasted 5 minutes, consisting in “flush-wait-measurement” cycles (60 seconds flush interval to exchange the respirometer water = “flush”; 30 seconds mixing phase in closed mode = “wait”; and a 210 seconds MO<sub>2</sub> measuring period in closed mode = “measurement”). During the measurement interval, O<sub>2</sub> saturation of the swim tunnel water was recorded every second. MO<sub>2</sub> was automatically calculated by the AutoResp™ software from linear decreases ( $r^2 = 0.98-1.0$ ) in chamber O<sub>2</sub> saturation during the measurement period at each discrete and specific speed using the appropriate constants for O<sub>2</sub> solubility in seawater (salinity, temperature and barometric pressure). After the swim tunnel test, fish were anaesthetized again to retrieve the AEFishBIT for data download.

The parallelism of AEFishBIT calculated respiratory frequency with MO<sub>2</sub> in the swim chamber respirometer, as well as the increase of physical activity index with swimming speed, were previously assessed with raw data measurements, as stated in Figures 4 and 5 of Annex 2. Simultaneous raw data storage and algorithm on-board calculations allowed the comparison of both approaches for the calculation of respiratory frequency and physical activity indexes over the same 2 minutes period, and close linear correlations near to 1 between on-board and PC-calculated values were found (Figure 2). Thus, mathematical approximations for lower computational load did not compromise the reliability of the AEFishBIT results.

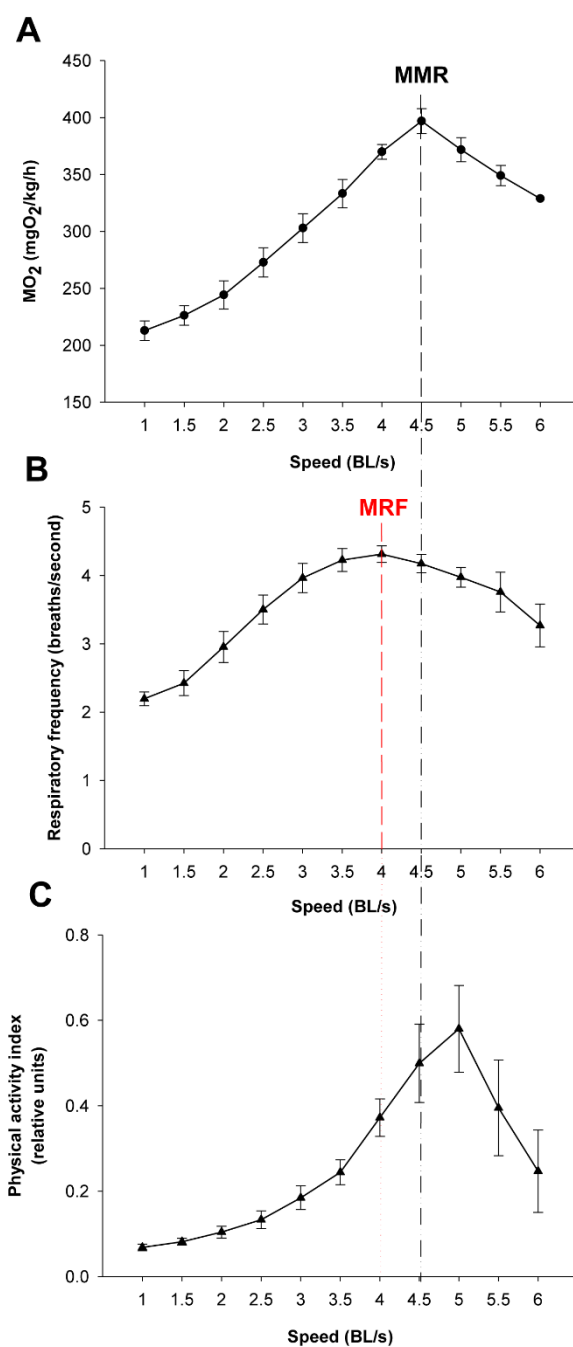


**Figure 2.** Validation of on-board algorithms from low to submaximal exercise. Values are obtained from six sea bream juveniles. **(A)** Correlation plot for a given swimming speed between respiratory frequency values calculated for 2 minutes raw data post-processed on a PC (x-axis) or on-board (y-axis). **(B)** Correlation plot for a given swimming speed between physical activity index values calculated for 2 minutes raw data post-processed on a PC (x-axis) or on-board (y-axis).

The different dynamics of on-board calculated parameters from low to submaximal exercise were observed. Respirometer measurement of  $\text{MO}_2$  increased linearly up to a swim speed of 4.5 BL/s, paralleling the increase in the respiratory frequency, with a maximum respiratory frequency (MRF) close to 4 BL/s (Figure 3A, 3B). This short delay in the achievement of the maximum metabolic rate (MMR), defined as the maximum  $\text{O}_2$  consumption in exercised fish, might be due, at least in part, to the instantaneous nature of sensor measurements (gill breathing) compared to the buffered changes in the measurements of  $\text{O}_2$  concentrations in the 10 L chamber of respirometer. In any case, these two types of measures of respiration decreased progressively and markedly with the increased contribution of anaerobic metabolism near to submaximal exercise. Likewise, measurements of physical activity



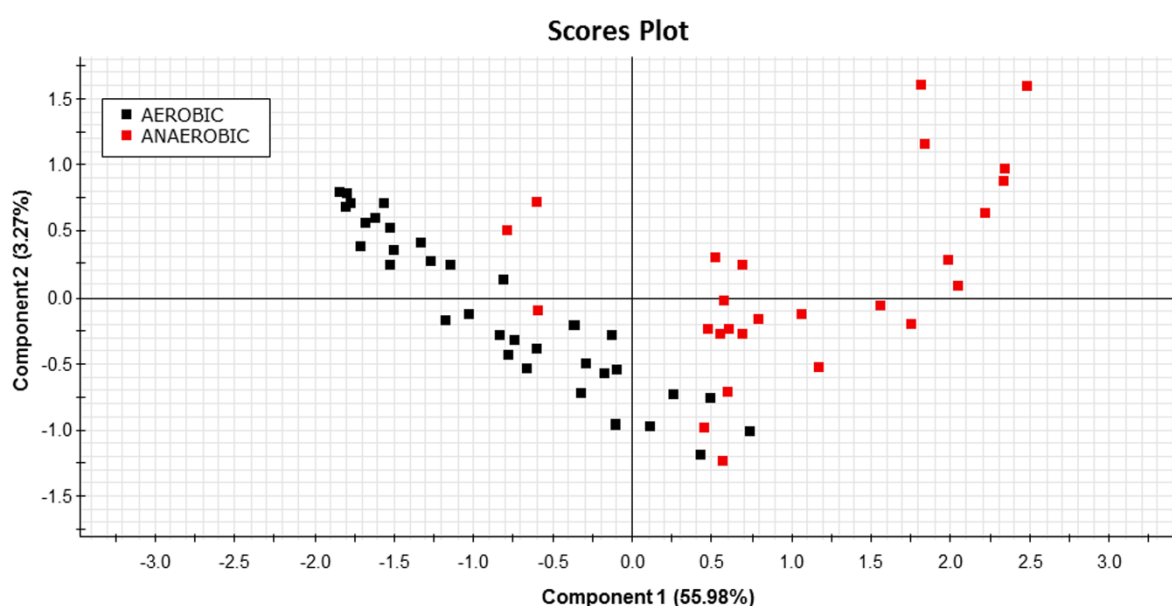
achieved a maximum activity at 5 BL/s. This was preceded by a slight decrease of slope at 4.5 BL/s that became clearly negative with the enhancement of the unsustainable anaerobic metabolism close to submaximal exercise (Figure 3C).



**Figure 3.** Respirometer and on-board output from low to submaximal exercise. Values are the mean $\pm$ SEM of six sea bream juveniles (80-100 g mean body weight). **(A)** Respirometer measurements of MO<sub>2</sub> (mgO<sub>2</sub>/kg/h) with increasing swimming speed. Maximum metabolic rate (MMR) is marked. **(B)** Respiratory frequency (breaths/s) with increasing swimming speed. The maximum respiratory frequency (MRF) is marked. **(C)** Physical activity index with increasing swimming speed.

The system was able to detect the shift of aerobic to unsustainable anaerobic metabolism, which reduces the efficiency of ATP production and promotes the accumulation of deleterious by-products (eg.  $H^+$ , lactate) (Richards, 2009; Seibel, 2011). Indeed, aerobic locomotor activity is powered by red oxidative muscle fibers, but when approaching their maximum power capacity, a gait transition to anaerobic fueling is assisted by the activation of fast white muscle fibers that results in fatigue and depletion of muscle glycogen depots (Kieffer, 2000; Sanger and Stoiber, 2001). Some degree of activation of anaerobic metabolism occurs before reaching MMR, as it has been determined in different experimental models (Burgetz *et al.*, 1998; Lee *et al.*, 2003; Hinch *et al.*, 2006; Teulier *et al.*, 2013), including sea bream and guppy (*Poecilia reticulata*) (Ejbye-Eernst *et al.*, 2016). However, the closely related MRF and MMR will mark the start of a burst-assisted swimming, resulting in a change of metabolic scope and swimming energy partitioning (Peake and Farrell, 2004; Peake, 2008; Marras *et al.*, 2013; Svendsen *et al.*, 2015).

As a result of the decrease of both respiratory frequency and physical activity index around the MMR, any of the analysed variables was informative enough to ascertain the aerobic/anaerobic scope when considered individually. However, given their different dynamic patterns in response to exercise, multivariate analyses (partial least-squares discriminant analysis, PLS-DA) of on-board processed data resulted in a fairly good differentiation of aerobic/anaerobic fish condition along the first component, with a 59% of total variance explained (R<sup>2</sup>Y) and 57% of total variance (Q<sup>2</sup>Y) predicted by the two components of the discriminant model when the achieved MRF-MMR was taken as main criteria of aerobic/anaerobic classification (Figure 4).



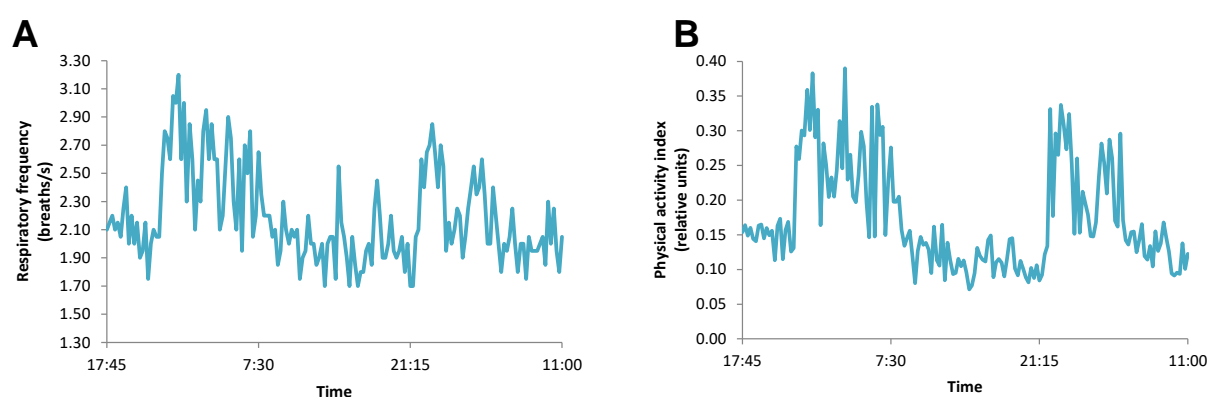
**Figure 4.** PLS-DA score plot of on-board calculated parameters at different swimming speeds before (black squares) and after (red squares) the achievement of the MMR in sea bream juveniles from low to submaximal exercise.

The energy transitioning from aerobiosis to anaerobiosis can then be monitored with the AEFishBIT. This complex trade-off is mediated by  $O_2$  sensors (Norin and Clark, 2016), being defined the  $O_2$  limiting saturation (LOS) as the  $O_2$  threshold level that is no longer sufficient to maintain  $MO_2$  at a given temperature and voluntary swimming activity (Remen *et al.*, 2013, 2015). Acute hypoxia drives to the re-adjustment of sea bream mitochondrial machinery at

transcriptional level, leading to a more efficient O<sub>2</sub>-carrying capacity in blood cells (**Martos-Sitcha et al., 2017**). Different types of adaptive responses also occur under moderate hypoxia (above LOS), which reflects the tissue-specific responsiveness of liver, heart, skeletal muscle and blood cells, according to their metabolic capabilities and O<sub>2</sub> availability (**Martos-Sitcha et al., submitted**). Indeed, fish transcriptomic meta-analysis in response to a vast array of challenged conditions highlights the key role of mitochondria in front of different cellular stresses, including hypoxia, hypercortisolism and malnutrition (**Calduch-Giner et al., 2014**). In particular, sea bream juveniles exposed to thermal stress or multiple sensory perception stressors (shaking, sound, light flashes, water flow reversal) show adaptive responses of glycolytic pathways and mitochondrial respiratory chain (**Bermejo-Nogales et al., 2014**). How these adjustments at cellular level can be correlated with the monitored AEFishBIT parameters is an upcoming challenge in a scenario of global change with increases of temperature, ocean acidification and reduced O<sub>2</sub> concentrations (**Gruber, 2011**).

### 3.2 Free-swimming fish

In order to acquire preliminary data on fish circadian activity, AEFishBIT devices were programmed to calculate the respiratory frequency and the physical activity index from 2 minutes recording each 15 minutes during two consecutive days, and then implanted in 10 sea bream juveniles (65-100 g body weight) that were reared together in a 90 L tank (stocking density 8 kg m<sup>-3</sup>). Fish remained fasted during the experimental schedule to avoid possible distortion produced by feeding. Previous measurements with PC-calculated raw data (at three discrete times, 10:00 a.m., 2:00 p.m. and 6:00 p.m.) evidenced that respiratory frequency and physical activity index values registered in free-swimming fish were in the same measurable range as exercised fish in the swim tunnel (*Figure 6 of Annex 2*). The increase in the number of sampling points by means of the on-board algorithm procedure allowed the differentiation of three main chronotypes in the experimental population. These chronotypes were termed as “diurnal”, “nocturnal” and “arrhythmic” on the basis of the moment of the day with the maximum activity pattern (light phase, dark phase or undifferentiated, respectively). *Figure 5* shows a case study of a nocturnal individual. The hypothesis of work is that a given chronotype could be associated with better performance or disease resistance, and these activity patterns could evolve or change with season, age, development or nutritional condition. It also remains to be established how different chronotypes in a same tank are determined by genetic background or environmental interventions. This opens the possibility to use AEFishBIT as a predictive tool for the control of fish stocks in aquaculture industry.

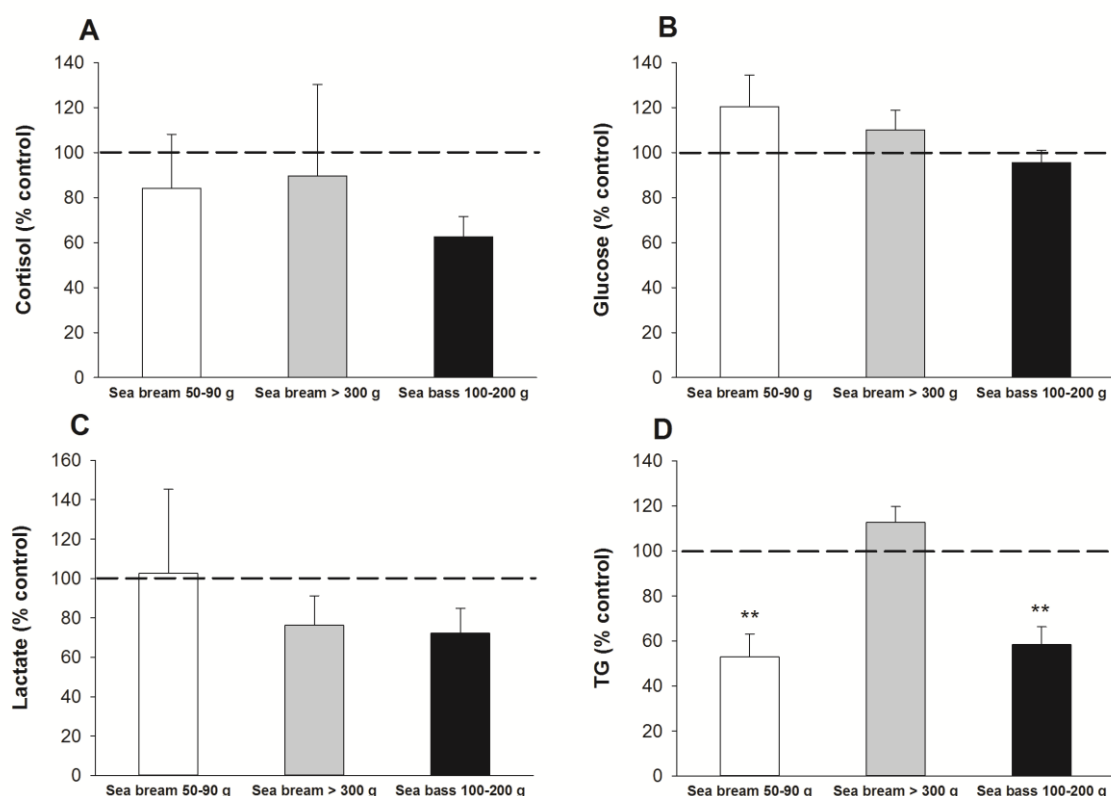


**Figure 5.** Activity pattern of a “nocturnal” gilthead sea bream measured with AEFishBIT with different behaviour in the light (7:00-19:00 h) and dark phases. **(A)** On-board measures of respiratory frequency. **(B)** On-board measurements of physical activity index.

## 4. Impact of AEFishBIT attachment

The impact of device attachment in fish physiology was assessed by comparisons of circulating levels of markers of stress and welfare in tagged and non-tagged (control) free-swimming fish one week after implantation of dummy devices. Polyamide PA 2200 dummies (same size and weight than the functional prototype) were implanted in active feeding European sea bass (100-200 g) and sea bream of two different class of size (50-90 g; 300-500 g), reared at 22-24 °C and fed *ad libitum* once daily. After one week, tagged and non-tagged fish ( $n = 5-7$  fish per group) were anesthetized and blood was quickly taken from caudal vessels with heparinized syringes. A blood aliquot was centrifuged at  $3,000 \times g$  for 20 minutes at 4 °C, and the plasma was stored at -80 °C until the subsequent biochemical assays. Plasma glucose levels were measured by the glucose oxidase method (ThermoFisher Scientific) adapted to 96-well microplates. Blood lactate was measured in deproteinized samples (perchloric acid 8%) using an enzymatic method based on the use of lactate dehydrogenase (Instruchemie). Plasma triglycerides (TG) were determined using lipase/glycerol kinase/glycerol-3-phosphate oxidase reagent (ThermoFisher Scientific). Plasma cortisol levels were analysed using an EIA kit (Kit RE52061 m IBL). The limit of detection of the assay was 2.46 ng/mL with intra- and inter-assay coefficients of variation lower than 3% and 5%, respectively.

No differences were found in circulating levels of cortisol (Figure 6A), glucose (Figure 6B) or lactate (Figure 6C) in 100-200 g sea bass nor sea bream in the two size classes analysed. By contrast, TG levels in 50-90 g sea bream and 100-200 g sea bass were significantly lowered ( $P < 0.01$ , Student's t-test) in tagged fish in comparison with non-tagged ones (Figure 6D). This disturbance was not detected in larger fish ( $> 300$  g sea bream).



**Figure 6.** Plasma levels of (A) cortisol, (B) glucose, (C) lactate and (D) triglycerides as a percentage of non-tagged control values. Each bar represents mean  $\pm$  SEM of  $n = 5-7$  for each fish species and size. Asterisks indicate statistically significant differences with control ( $P < 0.01$ , Student's t-test).



The weight of the AEFishBIT prototype (900 mg in air with an estimated 50 % of buoyancy) make it very convenient for its use in fish of 45 g onwards, according to the empirical “2 % tag/body mass” rule for implanted devices (Winter, 1996; Jepsen *et al.*, 2004). Recent works claim that this rule can be even extended for some fish species up to 7 % of body mass without detrimental effects on performance or survival (Smircich and Kelly, 2014; Makiguchi and Kojima, 2017). It is important to note that regardless of body weight (50- >300 g) no differences were found between tagged and non-tagged fish in classical stress markers (cortisol, glucose, lactate) one week after AEFishBIT attachment. During this time, the observed feeding behaviour was also considered to be quite similar in tagged and non-tagged fish. Although, the lowering effect on plasma TG levels of device attachment in 100-200 g sea bass and 50-90 g sea bream would be indicative of, at least, a transient impairment of feed intake. This finding was not observed in the largest sea bream (> 300 g), being this fact indicative of the importance to define the critical fish size to minimize the impact of tag burden in welfare and behaviour in different aquaculture scenarios.

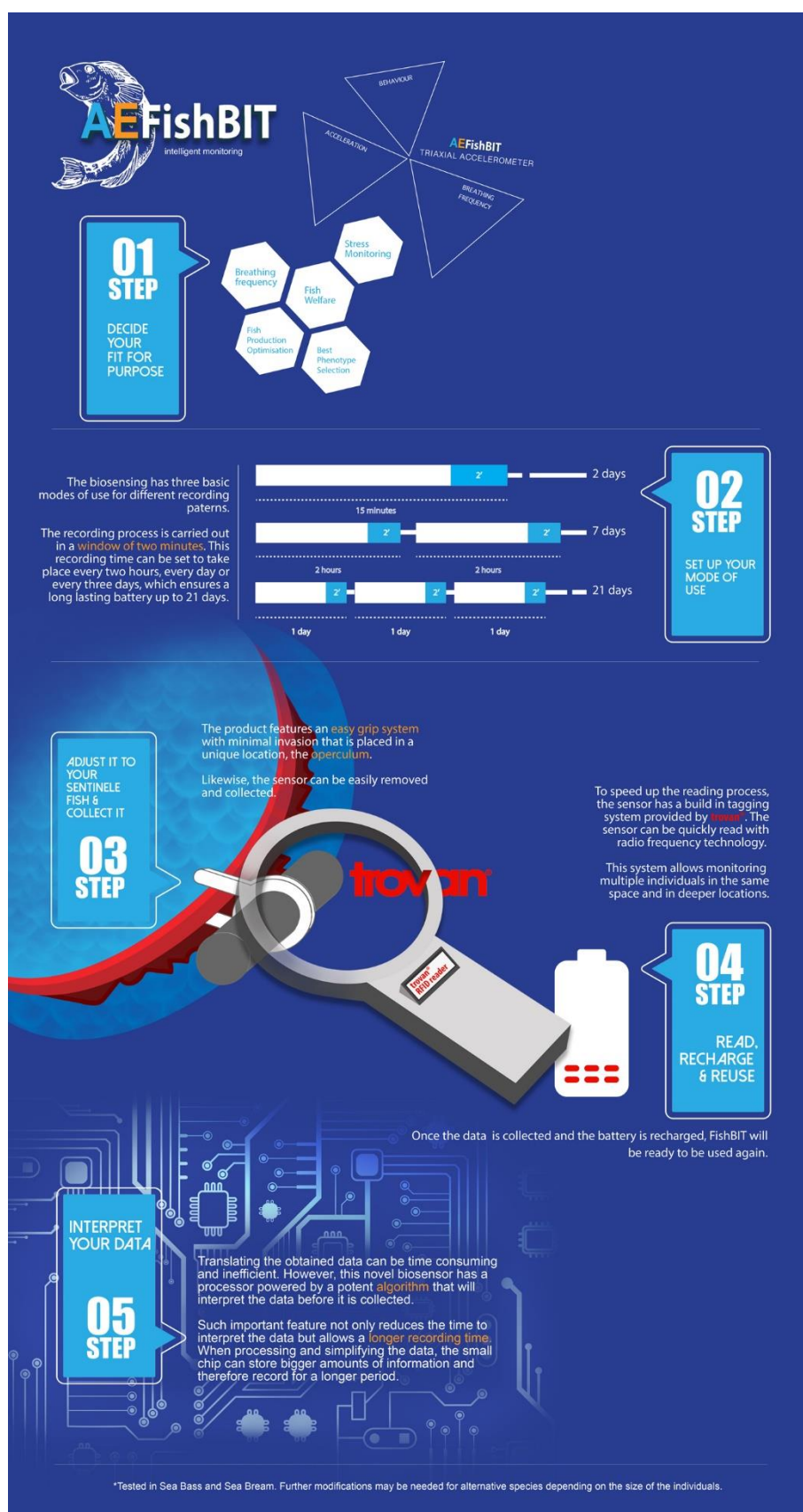
In parallel, important research efforts are being conducted for the establishment of a long-term attachment procedure to fish operculum with minimal invasiveness. External tagging procedures in fish are usually related to telemetry devices in large fish, with application of larger instruments near the dorsal or anal fins (Jepsen *et al.*, 2015). The RapID tag approach was not valid for more than 1-2 weeks in sea bream and sea bass as it caused damage signs and necrosis probably by loosening at the piercing location. This problem has been currently solved with the use of corrosion-resistant self-piercing fish tags (National Band and Tag Co) as the AEFishBIT support in sea bream and sea bass operculum. This implantation procedure takes less than 30 sec(as shown in 01:13-01:27 in the promotional video at [www.vimeo.com/325943543](http://www.vimeo.com/325943543)), and it has allowed the conduction of long-term trials (more than 2-3 weeks ) with dummies of functional AEFishBIT devices with negligible tissue damage, and no apparent differences in fish behaviour. In any case, specific attachment procedures need to be validated for each fish species, size and physiological condition in different aquaculture scenarios through production cycles.

For instance, an authorization for testing the attachment of AEFishBIT on rainbow trout in PEIMA (INRA) facilities has been currently requested. The proposed experimental protocol aims to test the efficiency of different attachment procedures of 3D-printed dummies on trout during 4 weeks, as well as the overall consequences of these attachment techniques on fish integrity and health during the experiments. The attachment procedures to be tested will comprise surgical threads, self-piercing fish tags or other clipping approaches in trout operculum, as well as the attachment in other fish locations such as the base of the dorsal fin. The performance of tagged and non-tagged control fish will be weekly assessed (biometric samplings with observation of fin integrity and sanitary status), in addition to routine daily observation of the behaviour of the fish in the tank (place in the water flow, color, aggressiveness/attack...). It is expected that this experience will help to find the optimal attachment procedure for each fish species of interest according to their different morphology. Similar studies will be conducted in salmon prior to the AEFishBIT functional validation in this species. Results of test for the most convenient attachment procedures for salmon and trout will be reported in Deliverables D8.5 and D8.6, respectively.

## 5. Concluding remarks

- Algorithm programming for on-board calculation of respiratory frequency and physical activity index has increased the recording autonomy of AEFishBIT to more than 6 hours of data. This versatility allows the design of different short- and long-term experimental schedules.

- The increase in sampling points made it possible to detect the shift from aerobic to anaerobic metabolism in exercise challenged fish. Multivariate analysis of AEFishBIT data provided a good discrimination of the aerobic/anaerobic condition.
- Continuous data recording for 2 days in free-swimming sea bream in culture tanks resulted in three main activity patterns (chronotypes) that may be correlated with fish performance, resulting in a potential trait of interest for the control of fish stocks.
- Tagging with the small and light AEFishBIT device did not alter circulating levels of stress markers (cortisol, glucose, lactate) after one week of implantation in fish operculum. Reduced plasma triglycerides levels revealed a transient inhibition of feed intake in small fish (sea bream 50-90 g, sea bass 100-200 g), but this disturbance was not detected in larger fish. Alternative attachment procedures have been examined and applied for minimal invasiveness during longer experimental periods in several fish species.
- The current AEFishBIT prototype is protected by a registered patent (76763/P7259) and constitutes an interesting tool for use by the aquaculture industry. For this purpose, promotional material that includes an informative infographic ([Figure 7](#)), brochures and videos are being elaborated for proper dissemination of the device in research and industry forums.



**Figure 7.** Promotional infographic detailing the purposes and mode of use of AEFishBIT.

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## Glossary

AQUAEXCEL<sup>2020</sup>: AQUAculture Infrastructures for EXCELlence in European Fish Research towards 2020

BL/s: Body lengths per second

LOS: Limiting oxygen saturation

MMR: Maximum metabolic rate

MO<sub>2</sub>: Oxygen consumption rate

MRF: Maximum respiratory frequency

Pcb: Printed circuit board

PLS-DA: Partial least-squares discriminant analysis

TG: Triglycerides

## Document information

<b>EU Project N°</b>	652831	<b>Acronym</b>	AQUAEXCEL <sup>2020</sup>
<b>Full Title</b>	AQUAculture Infrastructures for EXCELlence in European Fish Research towards 2020		
<b>Project website</b>	<a href="http://www.aquaexcel2020.eu">www.aquaexcel2020.eu</a>		

<b>Deliverable</b>	<b>N°</b>	D8.2	<b>Title</b>	Prototype biological test
<b>Work Package</b>	<b>N°</b>	WP8	<b>Title</b>	Implanted biosensors for remote fish monitoring

<b>Date of delivery</b>	<b>Contractual</b>	30/03/2019 (Month 42) Postponed in agreement with the Project Officer	<b>Actual</b>	24/04/2019 (Month 43)
<b>Dissemination level</b>	X	<b>PU Public, fully open, e.g. web</b>		
		<b>CO Confidential, restricted under conditions set out in Model Grant Agreement</b>		
		<b>CI Classified, information as referred to in Commission Decision 2001/844/EC.</b>		

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Version log			
Issue Date	Revision N°	Author	Change
20/03/2019	V1	J. Pérez Sánchez	First version

## Annex 1: Check list

Deliverable Check list (to be checked by the “Deliverable leader”)

	Check list		Comments
BEFORE	I have checked the due date and have planned completion in due time	Yes	<i>Please inform Management Team of any foreseen delays</i>
	The title corresponds to the title in the DOW	Yes	<i>If not please inform the Management Team with justification</i>
	The dissemination level corresponds to that indicated in the DOW	Yes	
	The contributors (authors) correspond to those indicated in the DOW	Yes	
	The Table of Contents has been validated with the Activity Leader	Yes	<i>Please validate the Table of Content with your Activity Leader before drafting the deliverable</i>
	I am using the AQUAEXCEL <sup>2020</sup> deliverable template (title page, styles etc)	Yes	<i>Available in “Useful Documents” on the collaborative workspace</i>
<b>The draft is ready</b>			
AFTER	I have written a good summary at the beginning of the Deliverable	Yes	<i>A 1-2 pages maximum summary is mandatory (not formal but really informative on the content of the Deliverable)</i>
	The deliverable has been reviewed by all contributors (authors)	Yes	<i>Make sure all contributors have reviewed and approved the final version of the deliverable. You should leave sufficient time for this validation.</i>
	I have done a spell check and had the English verified	Yes	
	I have sent the final version to the WP Leader, to the 2 <sup>nd</sup> Reviewer and to the Project coordinator (cc to the project manager) for approval	Yes	<i>Send the final draft to your WPLLeader, the 2<sup>nd</sup> Reviewer and the coordinator with cc to the project manager on the 1<sup>st</sup> day of the due month and leave 2 weeks for feedback. Inform the reviewers of the changes (if any) you have made to address their comments. Once validated by the 2 reviewers and the coordinator, send the final version to the Project Manager who will then submit it to the EC.</i>



## Annex 2: Manuscript submitted to Frontiers in Physiology (Open Access)



### Ultra-low Power Sensor Devices for Monitoring Physical Activity and Respiratory Frequency in Farmed Fish

Juan Antonio Martos-Sitcha<sup>1,2</sup>, Javier Sosa<sup>3</sup>, Dailo Ramos-Valido<sup>3</sup>, Francisco Javier Bravo<sup>4,5</sup>, Cristina Carmona-Duarte<sup>6</sup>, Henrique L. Gomes<sup>7</sup>, Josep À. Calduch-Giner<sup>1,5</sup>, Enric Cabruja<sup>4,5</sup>, Aurelio Vega<sup>3</sup>, Miguel À. Ferrer<sup>6</sup>, Manuel Lozano<sup>4,5</sup>, Juan A. Montiel-Nelson<sup>3</sup>, JUAN MANUEL A. LÓPEZ<sup>8</sup>, Jaume Pérez-Sánchez<sup>9,1\*</sup>

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**Submitted to Journal:**  
Frontiers in Physiology

**Specialty Section:**  
Aquatic Physiology

**Article type:**  
Original Research Article

**Manuscript ID:**  
443955

**Received on:**  
18 Dec 2018

**Frontiers website link:**  
[www.frontiersin.org](http://www.frontiersin.org)



### Conflict of interest statement

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest

### Author contribution statement

JPS coordinated the different research teams; JS, DRV and JAMN assembled the device components and implemented software programming; CCD and MAF established mathematical parameters for data outputs and on-board algorithm approximations; FJB, EC, AV and ML worked on device packaging and insulation procedures; JPS, JAMS and JMA conducted functional tests; JAMS, JACG and JPS wrote the manuscript; all authors edited the manuscript; all authors read and approved the final manuscript

### Keywords

Aquaculture, biosensor, Swimming tests, Metabolic scope, fish welfare, physical activity, Respiratory frequency, Oxygen Consumption

### Abstract

Word count: 350

Recent technological advances in microelectronics together with broad-band satellite communication and coverage make feasible remote observations of the behaviour and locomotion of aquatic and terrestrial animals in the wild. Biosensor devices are also increasingly used for a non-invasive understanding of basic biology during farming and experimental biology. The aim of this study was to design and validate customized and miniaturized tri-axial accelerometers for remote and non-invasive monitoring of farmed fish with re-programmable schedule protocols. The current package device (AE-FishBIT v.1s) is a non-wireless, stand-alone system that measures 14 mm length and 7.2 mm wide with a total mass of 600 mg, which allows monitoring animals from 30-35 g onwards. Validation experiments were performed in juveniles of gilthead sea bream and European sea bass, attaching the device to the fish operculum for monitoring physical activity by measurements of movement accelerations in x- and y-axes, while records of operculum breathing (z-axis) serve as a direct measurement of respiratory frequency. Data post-processing of exercised fish in swimming test-chambers revealed an exponential increase of fish accelerations with the increase of fish speed from 1 body-length to 4 body-lengths per second, while a close linear parallelism between oxygen consumption ( $\dot{M}O_2$ ) and operculum breathing was consistently found. Preliminary tests in free-swimming fish kept in rearing tanks also showed that biosensor data recording is able to detect changes in fish circadian fish activity. The usefulness of low computational load for data pre-processing with on-board algorithms was also verified from low to submaximal exercise, increasing this procedure (in combination with ultra-low-energy micro-programming) the autonomy of the system up to 6 h of continuous data recording with different programmable schedules. Visual observations regarding tissue damage, feeding behaviour and circulating levels of stress markers (cortisol, glucose, lactate) did not reveal at short term a negative impact of tagging. Although, reduced plasma levels of triglycerides revealed a transient inhibition of feed intake in small fish (sea bream 50-90 g, sea bass 100-200 g). This is the proof of the concept that miniaturized devices are suitable for non-invasive and reliable metabolic phenotyping of challenged fish to improve overall fish performance and welfare.

### Funding statement

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No.652831 (AQUAEXCEL2020, Aquaculture infrastructures for excellence in European fish research towards 2020). This publication reflects the views only of the authors, and the European Commission cannot be held responsible for any use which may be made of the information contained therein. Additional funding was obtained from project SURF (TEC2014-60527-C2-1-R) of the Spanish Ministry of Economy and Competitiveness and the European Regional Development Fund (FEDER). We acknowledge support of the publication fee by the CSIC Open Access Publication Support Initiative through its Unit of Information Resources for Research (URICI).

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If the study was exempt from one or more of the above requirements, please provide a statement with the reason for the exemption(s).

Ensure that your statement is phrased in a complete way, with clear and concise sentences.

All procedures were approved by the Ethics and Animal Welfare Committee of Institute of Aquaculture Torre de la Sal and carried out according to the National (Royal Decree RD53/2013) and the current EU legislation (2010/63/EU) on the handling of experimental fish.

### **Data availability statement**

Generated Statement: The datasets generated for this study are available on request to the corresponding author.

## Ultra-low Power Sensor Devices for Monitoring Physical Activity and Respiratory Frequency in Farmed Fish

Juan Antonio Martos-Sitcha<sup>1,2</sup>, Javier Sosa<sup>3</sup>, Dailos Ramos-Valido<sup>3</sup>, Francisco Javier Bravo<sup>4</sup>, Cristina Carmona-Duarte<sup>5</sup>, Henrique Leonel Gomes<sup>6</sup>, Josep Àlvar Calduch-Giner<sup>1</sup>, Enric Cabruja<sup>4</sup>, Aurelio Vega<sup>3</sup>, Miguel Ángel Ferrer<sup>5</sup>, Manuel Lozano<sup>4</sup>, Juan Antonio Montiel-Nelson<sup>3</sup>, Juan Manuel Afonso<sup>7</sup>, Jaume Pérez-Sánchez<sup>1,\*</sup>

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**Running title:** Biosensor for individual fish monitoring

**Keywords:** Aquaculture, biosensor, swimming tests, metabolic scope, fish welfare, physical activity, respiratory frequency, oxygen consumption

**Words:** 6055

**Figures:** 11



32 **ABSTRACT**

33 Recent technological advances in microelectronics together with broad-band satellite  
34 communication and coverage make feasible remote observations of the behaviour and  
35 locomotion of aquatic and terrestrial animals in the wild. Biosensor devices are also  
36 increasingly used for a non-invasive understanding of basic biology during farming and  
37 experimental biology. The aim of this study was to design and validate customized and  
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41 mass of 600 mg, which allows monitoring animals from 30-35 g onwards. Validation  
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43 attaching the device to the fish operculum for monitoring physical activity by measurements  
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48 linear parallelism between oxygen consumption ( $MO_2$ ) and operculum breathing was  
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58 bream 50-90 g, sea bass 100-200 g). This is the proof of the concept that miniaturized devices  
59 are suitable for non-invasive and reliable metabolic phenotyping of challenged fish to  
60 improve overall fish performance and welfare.



## INTRODUCTION

Biosensors based on the transduction of optical, electrical and mechanical signals are increasingly used to monitor a broad range of physiological and behavioural variables for both diagnostic and monitoring applications (Tamayo et al., 2013). The best example of optical devices is the finger pulse oximeter that detects O<sub>2</sub> content in the blood based on the way that the light passes through the finger. The electrocardiogram (ECG) sensors are also one of the most common medical tools used in modern medicine to assess the electric and muscular function of the heart. Likewise, the technology of accelerometers has the potential to revolutionize healthcare and sports medicine through low-cost and pervasive physiological devices for monitoring physical activity. This kind of mechanical transducer has been used long time ago in civil engineering, aviation and automotive industry for recording movement, velocity and acceleration magnitudes. However, with the advent of the MEMS (MicroElectroMechanical System) technology, high-precision and low-cost accelerometers are available for integration with microprocessors in consumer electronic components as different physical activity gadgets (activity trackers, fitness band and heart rate monitors, sport-watches, smart pedometers and wellness monitors, among others). This makes feasible the use of this type of devices to measure exercise routines and fitness regimens as well, but they are especially valuable when combined with wireless heart rate and ECG monitoring (Payne et al., 2014; Tamsin, 2015).

Recent technological advances in microelectronics, combining accelerometers and UHF RFID together with broad-band satellite communication and coverage, make feasible remote observations of the behaviour and locomotion of aquatic and terrestrial animals in the wild (Brown et al., 2013; Hussey et al., 2015; Wilson et al., 2015). Biosensor technology is also increasingly used for a non-invasive understanding of basic biology during farming and experimental biology of a range of variables that are directly or indirectly relevant for animal health and productivity (Ivanov et al., 2015; Neethirajan et al., 2017). Concretely, the Precision Fish Farming (PFF) concept based on the use of cameras, sonars, acoustic telemetry and environmental biosensors of chemical and biological safety risk factors seeks to harness the potential of technologically founded methods for improving fish production efficiency, product quality and disease prevention, reducing at the same time the environmental impact of farming operations (Føre et al., 2017; Saberioon et al., 2017; Enviguard EU project: [www.enviguard.net](http://www.enviguard.net)). Recent studies also highlighted the use of micro-accelerometers to detect and identify different types of behavioural events, such as feeding and escape reactions (Broell et al., 2013). Furthermore, the concept of sentinel animals fitted with biosensors that feedback into farm-sensor network was initially developed for the dairy industry (Simbeye et al., 2014) and are currently being developed for oysters (Andrewartha et al., 2015) and farmed fish (Staaks et al., 2015), existing abundant literature on measures of body temperature, animal orientation and depth in both wild and farmed fish (e.g. Clark et al., 2008; Payne et al., 2014; Metcalfe et al., 2016, among others).

Acceleration data-loggers alone or in combination with pressure, temperature and heart-rate biosensors have also been used for tracing movement and estimating activity-specific energy expenditure or feeding behaviour in a number of fish species, including juvenile hammerhead sharks (*Sphyrna lewini*, Gleiss et al., 2010), sockeye salmon (*Onchorhynchus nerka*, Clark et al., 2010), European sea bass (*Dicentrarchus labrax*, Wright et al., 2014), Atlantic salmon (*Salmo salar*, Kolarevic et al., 2016) and red-spotted groupers (*Epinephelus akaara*, Horie et al., 2017). These sensors operate as acoustic transmitter tags that contain a tri-axial accelerometer, which registers gravity forces and acceleration in the x-, y- and z-directions.

Currently, the smallest market size for these tags is 7 mm diameter and 20 mm length with a weight of 2.6 g in air and a typical battery life of 1-3 months, depending on measurement periods and transmission intervals. However, as pointed out by Kolarevic et al. (2016), the interference between transmitted signals limits the use of large number of acceleration tags in a single rearing unit or in two neighbouring units. Otherwise, in the aquatic environment, the use of low radiofrequency transmission is limited to 1-2 m of maximum communication range without repeaters (Palmeiro et al., 2011). Thus, with the double aim to produce small biosensors and to combine measures of physical activity and energy demand, we prompted us to design and produce within the AQUAEXCEL<sup>2020</sup> EU project ultra-low power stand-alone devices to be implanted on fish operculum for measurements of physical activity and respiratory frequency. To the best of our knowledge, there is not in the market any device designed to provide simultaneously these two types of measures. The functional testing of the first prototype (AE-FishBIT v.1s) was conducted as the proof of concept in European sea bass and gilthead sea bream (*Sparus aurata*) as the two most significant farmed fish of the Mediterranean aquaculture (FAO, 2018).

## MATERIALS AND METHODS

### Hardware architecture

The proposed device is a programmable and reconfigurable tri-axial accelerometer for measuring accelerations in x-, y- and z-axes in the range of  $\pm 8$  g and sampling frequencies up to 800 Hz. The basic components disposed on a 0.8 mm 4-layer printed circuit board (pcb) are: 1) one accelerometer (MMA8451Q; NXP Semiconductors Research, Eindhoven, The Netherlands), 2) one high performance Li-ion battery (UMAC0401; Murata Electronics, Kyoto, Japan) of low charge time (120 sec), 3) one microprocessor (KL17; NXP Semiconductors Research) with 256 kbyte flash memory and 32 kbyte RAM memory and 4) one RFID tagging device (nano-transponder ID-100A-1.25; TROVAN, Madrid, Spain) for rapid identification. System integration included water-proof packaging (tested up to 6 bars of pressure in air and seawater environments) with isolated connector pins. The complete package size of the AE-FishBIT v.1s measures 14 mm length and 7.2 mm wide with a total mass of 600 mg in air (Figure 1).

### Biosensor location and attachment procedure

The operculum was chosen as the target location for the biosensor as it allows monitoring physical activity by measurements of accelerations in x- and y-axes, while records of operculum breathing (z-axis) serve as a direct measurement of respiratory frequency. The device attachment was accomplished using small and light laboratory tags for identification of experimentation animals (RapID tags from RapID Lab, Inc, San Francisco, CA, USA) that were rapidly pierced to opercula of anaesthetized fish with 100  $\mu$ g/mL 3-aminobenzoic acid ethyl ester (MS-222, Sigma, Saint Louis, MO, USA). In a second step, a rigid 3D-printed pocket was fixed with an innocuous and quick drying aquarium adhesive in the water (cyanoacrylate) to the exterior side of the RapID tag. Such approach allowed easy application and removal of the device in the pocket (Figure 2).



## 158 Data acquisition and software processing

159

160 The software processing aims at estimating the respiratory frequency and an index of the fish  
161 activity. The first estimation is carried out with the signal of the z-axis of the accelerometer,  
162 and the second estimation is obtained from the x- and y-axis signals of the accelerometer.

163

164 The recorded z-axis accelerations generate positive and negative signals, related to operculum  
165 opening and closing, respectively. Other movements superimposed to this z-axis signal were  
166 angular accelerations that inform of fish trajectory or side head movement, though the  
167 dominant periodic component is always the operculum movement. To calculate the  
168 respiratory frequency, the z-axis signal of the accelerometer is band pass filtered between 0.5  
169 and 8 Hz to reduce the noise and highlight the periodic properties of the signal. The numbers  
170 of maxima or minima in the recorded signals are registered at a sampling rate of 100 samples  
171 per second. The measurements were expected below 5 Hz, and the z-axis signal was bandpass  
172 filtered between 0.5 and 8 Hz to highlight the periodic properties of the signal. Then, the  
173 signal was derived and the number of crosses through zero was divided by two to obtain the  
174 signal period.

175

176 To alleviate the drawback of the noise in the accelerometer signals and to obtain a more  
177 accurate estimation of the number of peaks, they are estimated in  $N$  consecutive frames of  $T$   
178 seconds. The final number of peaks  $N_p$  is calculated as the 25% percentile of the  $N$   
179 estimations. With this quartile, the less noisy frames were selected, avoiding complex noising  
180 signal processing algorithms that would be very high-energy demanding for the device  
181 microprocessor. Hence, the respiratory frequency is issued every  $N \cdot T$  seconds and it is  
182 calculated as:

183

$$F_{resp} = N_p / T$$

184 Values of  $N, T$  and  $f_s$  were heuristically chosen to assure a good statistical representation.  
185 The value of  $f_s$  was established as 100 Hz. A value of  $T_s = 10$  seconds was chosen as frame  
186 length. This value supposes 5 peaks if the respiratory frequency is 2 Hz.  $N$  was established  
187 equal to 12, which allowed a reasonable estimation of the 25% percentile. This values means  
188 that the respiratory frequency is calculated every 2 minutes (120 seconds).

189

190 The physical activity index described the intensity of the fish movement in the x- and y-axes,  
191 and it was based on the energy of the jerk. The jerk is the derivative of acceleration and its  
192 magnitude is completely orientation-independent (Hamäläinen et al., 2011). Similarly to the  
193 respiratory rate, the energy of the jerk was estimated on  $N$  consecutive frames of  $T$  seconds  
194 and the percentile 25% provided as activity index measure. The values of  $N, T$  and  $f_s$  are the  
195 same than in the respiratory frequency algorithm. The accelerations in the x- and y-axis,  
196 named  $a_x(n)$  and  $a_y(n)$  respectively, were derived as:

$$d_x(n) = a_x(n) - a_x(n-1)$$

$$d_y(n) = a_y(n) - a_y(n-1)$$

197 The standard deviation of  $d_x(n)$  and  $d_y(n)$  were calculated:

198

$$\sigma_x = \sqrt{\frac{\sum_{n=1}^{T \cdot f_s} (d_x(n) - \mu_x)^2}{T \cdot f_s}} \quad \text{and} \quad \sigma_y = \sqrt{\frac{\sum_{n=1}^{T \cdot f_s} (d_y(n) - \mu_y)^2}{T \cdot f_s}}$$

199 where  $\mu_x$  and  $\mu_y$  are the average of  $d_x(n)$  and  $d_y(n)$  respectively. The energy of the jerk is  
200 then obtained as:

$$E_{jerk} = \sqrt{\sigma_x^2(n) + \sigma_y^2(n)}$$

201 The physical activity index is the percentile 25% of the energies of the jerk estimated on  $N$   
 202 consecutive frames. A summary of the procedure for the calculation of respiratory frequency  
 203 and physical activity index is shown in Figure 3.

204

205 Algorithms for direct on-board calculation of respiratory frequency and physical activity  
 206 index by the biosensor were programmed through the FRMD-KL25Z algorithm platform and  
 207 uploaded to the device. This step involved some changes on the algorithm to estimate the  
 208 physical activity index due to the limited computational power of the biosensor. For this  
 209 purpose, the standard deviation of  $d_x(n)$  and  $d_y(n)$  was approximated by:

$$210 \quad \sigma_x = \frac{\sum_{n=1}^{T \cdot f_s} |d_x(n) - \mu_x|}{T \cdot f_s} \quad \text{and} \quad \sigma_y = \frac{\sum_{n=1}^{T \cdot f_s} |d_y(n) - \mu_y|}{T \cdot f_s}$$

211 The energy of the jerk was estimated as:

$$212 \quad E_{jerk} = \sigma_x + \sigma_y.$$

213 The value of  $T$  were changed from 10 second to 10.24 seconds. It means a frame of 1024  
 214 data, which is a power of 2, more convenient for the biosensor programming. Data post-  
 215 processing in each measured interval maximized the data storage in the memory of data-  
 216 logger. The platform also allowed firmware updates and data downloading (raw data or post-  
 217 processed data) to a computer with a serial wire debug cable.

218

## 219 Functional testing

220

221 The initial test of the device was conducted in sea bream and sea bass juvenile fish (30-150 g  
 222 body weight), exercised in an intermittent-closed swim tunnel respirometer of 10 L water  
 223 volume (Loligo® Systems, Viborg, Denmark). The swim tunnel was submerged into a water  
 224 bath that served as a water reservoir for flushing the respirometer after each closed  
 225 respirometer run (flush pump: Eheim 1048, 10 L/min; Deizisau, Germany). To ensure  
 226 constant high water quality, the water bath was connected by a second flush pump (Eheim  
 227 1250, 20 L/min; Deizisau, Germany) to a 100 L-reservoir tank coupled to a re-circulatory  
 228 system equipped with physical and biological filters and a programmable temperature system  
 229 fixed at 24-25 °C. Sea water (80-95% O<sub>2</sub> saturation) flowed back into the re-circulatory  
 230 system by means of gravity, remaining unionized ammonia, nitrites and nitrates almost  
 231 undetectable along the whole experiment. A thruster within the respirometer was used to  
 232 generate a swimming current. Water velocities were calibrated with a hand-held digital flow  
 233 meter that was ordered by the controller Movitrac® LTE 0.37kW/0.5HP (SEW Eurodrive,  
 234 Normanton, United Kingdom). Respirometry runs and chamber flushing were automatically  
 235 controlled with the DAQ-M instrument (Loligo® Systems) connected to a PC equipped with  
 236 AutoRespTM software (Loligo® Systems). Water temperature and O<sub>2</sub> saturation within the  
 237 respirometer was measured using a Witrox 1 single channel oxygen meter (Loligo® Systems,  
 238 Viborg, Denmark), equipped with a needle-type fibre optical micro-sensor (NTH, PreSens-  
 239 Precision Sensing GmbH, Regensburg, Germany) and a temperature probe suspended into the  
 240 water current within the respirometer.

241

242 For testing procedures, anaesthetized fish with the AE-FishBIT v.1s prototype were  
 243 transferred into the swim tunnel, and allowed to recover and acclimate at a swimming speed  
 244 of 0.5-1.0 body-lengths per second (BL/s) until their measurements of O<sub>2</sub> consumption rates  
 245 (MO<sub>2</sub>) reached a constant low plateau. This typically happened after 30-45 min with MO<sub>2</sub>  
 246 around 220-240 mgO<sub>2</sub>/kg/h (Martos-Sitcha et al., 2018b). After this acclimation period, water



247 velocity was increased in 0.5 BL/s steps, and specimens were submitted to controlled speeds  
248 between 1-4 BL/s during the first testing approaches, or from 1 BL/s until exhaustion in the  
249 final on-board validation of data recording. Each swimming interval at a given velocity lasted  
250 5 min, consisting in “flush-wait-measurement” cycles (60 sec flush interval to exchange the  
251 respirometer water = “flush”; 30 sec mixing phase in closed mode = “wait”; and a 210 sec  
252 MO<sub>2</sub> measuring period in closed mode). During the measurement interval, O<sub>2</sub> saturation of  
253 the swim tunnel water was recorded every second. MO<sub>2</sub> was automatically calculated by the  
254 AutoRespTM software from linear decreases ( $r^2 = 0.98-1.0$ ) in chamber O<sub>2</sub> saturation using  
255 the appropriate constants for O<sub>2</sub> solubility in seawater (salinity, temperature and barometric  
256 pressure). For each fish, three data sets of 2 min raw data were acquired by the biosensor at  
257 different speed steps. After the swim tunnel test, each fish was recaptured and again  
258 anaesthetized to plug-out and recuperate the biosensor for data download and post-processing  
259 on a PC or directly by on-board algorithms.

260  
261 For tests conducted with free-swimming fish in 500-L tanks, the biosensor devices were  
262 programmed to acquire 2 min raw data sets at three discrete times one day after device  
263 implantation (10:00 a.m., 2:00 p.m. and 6:00 p.m.). This schedule covers a wide range of  
264 possible circadian variations in activity and respiration indexes. Additional tests with active  
265 feeding fish reared at 22-24 °C were conducted with dummy devices (same size and weight  
266 than the functional prototype) to check how blood markers of stress and welfare were  
267 affected by the prototype implantation in both sea bass (100-200 g) and sea bream fish of two  
268 different class of size (50-90 g; 300-500 g). After one week, tagged and non-tagged fish (n =  
269 5-7 fish per group) were anesthetized and blood was quickly taken from caudal vessels with  
270 heparinized syringes. A blood aliquot was centrifuged at 3,000 x g for 20 min at 4°C, and the  
271 plasma was stored at -80 °C until the subsequent biochemical assays. Plasma glucose levels  
272 were measured by the glucose oxidase method (ThermoFisher Scientific, Waltham,  
273 Massachusetts, USA) adapted to 96-well microplates. Blood lactate was measured in  
274 deproteinized samples (perchloric acid 8%) using an enzymatic method based on the use of  
275 lactate dehydrogenase (Instruchemie, Delfzijl, The Netherlands). Plasma triglycerides (TG)  
276 were determined using lipase/glycerol kinase/glycerol-3-phosphate oxidase reagent  
277 (ThermoFisher Scientific). Plasma cortisol levels were analysed using an EIA kit (Kit  
278 RE52061 m IBL, International GmbH, Germany). The limit of detection of the assay was  
279 2.46 ng/mL with intra- and inter-assay coefficients of variation lower than 3% and 5%,  
280 respectively.

281  
282 No mortality was observed during all the experimental period and all the described  
283 procedures were approved by the Ethics and Animal Welfare Committee of Institute of  
284 Aquaculture Torre de la Sal and carried out according to the National (Royal Decree  
285 RD53/2013) and the current EU legislation (2010/63/EU) on the handling of experimental  
286 fish.

## 287 288 **Statistical analysis**

289  
290 Daily variation of respiratory frequency and physical activity index in free-swimming sea  
291 bream and sea bass was analysed by one-way ANOVA. Blood parameters of tagged and non-  
292 tagged groups were compared by means of Student's t-test. Significance levels were set at P  
293 < 0.05. Analyses were performed using the SigmaPlot Version 13 for Windows (Systat  
294 Software Inc., Chicago, IL, USA). Multivariate partial least-squares discriminant analysis  
295 (PLS-DA) of data on respiratory frequency and physical activity index of exercised sea



296 bream in the 1-6 BL/s water speed range was conducted with the EZ-info software (Umetrics,  
297 Sweden). The quality of the PLS-DA model was evaluated by  $R^2Y$  and  $Q^2$  parameters, which  
298 indicated the fitness and prediction ability, respectively.

299

## 300 RESULTS

301

302 Raw data generated by the tri-axial accelerometer was stored in the memory of the device in  
303 the initial tests, and they were processed after download in a computer for calculations of the  
304 respiratory frequency and the physical activity index. Using this methodology, the autonomy  
305 of the device is limited to the amount of memory, which is able to store a total of 6 min of  
306 raw data measured at a rate of 100 samplings per second. It was established that 2 min is a  
307 reliable time window for statistical calculations, and the device was then programmed to  
308 acquire three sets of 2 min of raw data for a given experimental schedule. Software  
309 development also offered the possibility to process on-board recorded data by means of the  
310 proposed mathematical approximations to ease microprocessor function. Such approach is  
311 not a high memory consuming process, and the autonomy of the system was consequently  
312 increased up to 6 hours of continuous data recording, allowing longer schedules as long as the  
313 battery of the device is operative. Initial tests were conducted for the assessment of the  
314 functional significance of calculated outputs from raw data post-processed on PC. On a  
315 second step, the suitability of on-board calculations (compared with those derived from raw  
316 data extraction) was assessed as detailed below.

317

318 Initial tests in swim tunnel respirometer showed for both sea bream (Figure 4A) and sea bass  
319 (Figure 4B) a linear increase of  $MO_2$  in the 1-4 BL/s speed range. The calculated respiratory  
320 frequency by data post-processing on PC paralleled  $MO_2$ . At the same swimming speed,  $MO_2$   
321 and the calculated respiratory frequency were consistently higher in sea bream than in sea  
322 bass. However, for a given  $MO_2$ , the respiratory frequency was similar for both species as  
323 shown by the correlation plot of these two variables when all data for both species were put  
324 together (Figure 4C). Regarding physical activity index, it increased exponentially rather than  
325 linearly with the increase of swimming speed, as the total jerk magnitude only reflects fish-  
326 related accelerations (Figure 5). This pattern was observed both in sea bream and sea bass,  
327 though it becomes more evident in sea bream at swimming speeds over 3 BL/s.

328

329 Values registered in free-swimming fish were in the measurable range by the PC-tested  
330 algorithms in the swim tunnel. In both fish species, the calculated respiratory frequency in  
331 holding tanks did not show significant daily variations from 10:00 a.m. to 6:00 p.m., ranging  
332 the respiratory frequency between 2.4-2.3 breath/s in sea bream and 2.2-1.8 breath/s in sea  
333 bass (Figure 6A). For the measurements of physical activity, the range of variation was also  
334 higher in sea bass, being statistically significant the decrease (relative units) of physical  
335 activity from 0.15 to 0.03 ( $P < 0.05$ ). The observed decrease in sea bream varied from 0.15 to  
336 0.09 ( $P = 0.12$ ) (Figure 6B).

337

338 For validation of on-board algorithms, sea bream juveniles of 80-100 g were exercised over  
339 1-6 BL/s until exhaustion (fish were considered exhausted when they rested at the back grid  
340 for at least 5 sec) in the swim tunnel, and data processing of both respiratory frequency and  
341 physical activity index evidenced close linear correlations near to 1 between on-board and  
342 PC-calculated values (Figure 7). The same data were analysed to underline the different  
343 dynamics of analysed parameters from low to submaximal exercise, and it was observed that  
344 the respirometer measurement of  $MO_2$  increased linearly up to a swim speed of 4.5 BL/s,  
345 paralleling the increase in gill breathing (on-board algorithms) with a maximum respiratory

frequency (MRF) close to 4 BL/s (Figure 8A, 8B). This short delay in the achievement of the maximum metabolic rate (MMR), defined as the maximum O<sub>2</sub> consumption in exercised fish, might be due, at least in part, to the instantaneous nature of biosensor measurements (gill breathing) compared to the buffered changes in the measurements of O<sub>2</sub> concentrations in the 10-L chamber of respirometer. In any case, these two types of measures of respiration decreased progressively and markedly with the increased contribution of anaerobic metabolism near to submaximal exercise. Likewise, measurements of physical activity processed by on-board algorithms evidenced a maximum activity at 5 BL/s. This was preceded by a slight decrease of slope at 4.5 BL/s that becomes clearly negative with the enhancement of the unsustainable anaerobic metabolism close to submaximal exercise (Figure 8C). Any of the analysed variables is informative enough to ascertain the aerobic/anaerobic scope when considered individually. However, given their different dynamic patterns in response to exercise, multivariate analyses with on-board processed data resulted in a fairly good differentiation of aerobic/anaerobic fish condition along the first component, with a 59% of total variance explained ( $R^2$ ) and 57% of total variance ( $Q^2$ ) predicted by the two components of the discriminant model (Figure 9).

The impact of biosensor attachment in fish physiology was assessed by comparisons of circulating levels of markers of stress and welfare in tagged and non-tagged free-swimming fish one week after implantation of dummy devices. No differences were found in circulating levels of cortisol (Figure 10A), glucose (Figure 10B) or lactate (Figure 10C) in 100-200 g sea bass nor sea bream in the two class of size analysed. By contrast, TG levels in 50-90 g sea bream and 100-200 sea bass evidenced a significant decline ( $P < 0.01$ ) in tagged fish in comparison with non-tagged ones (Figure 10D). This disturbance was not detected in larger fish ( $> 300$  g sea bream).

## DISCUSSION

The present study is the proof of concept of the work conducted within the AQUAEXCEL<sup>2020</sup> EU project for the design, programming and testing of a miniaturized device (AE-FishBIT v.1s) for individual fish phenotyping of metabolic condition and welfare. Different types of biosensors available as research tools or commercial products were initially considered (Tamayo et al., 2013; Bandodkar and Wang, 2014; Tamsin, 2015), but given the methodological and cost limitations underwater, it was decided that the use of mechanical biosensors is more feasible than other possible solutions based on electric and/or optical sensors. The final developed device is a miniaturized tri-axial accelerometer that is able to register (two in one) physical activity and opercula breathing as a direct measure of respiratory frequency. Due to the constraints in size, weight, battery consumption and signal transmission in aquatic environments (Lloret et al., 2012; Climent et al., 2014), we decided to prioritize the production of sensor devices working in stand-alone mode (no wireless data transmission). The system also includes a tag RFID system for an easier operability and data processing during fish data recording from resting to moderate or very active behaviour under aerobic and/or anaerobic conditions.

When the system was tested in exercised juveniles, close lineal correlations near to 1 were found between O<sub>2</sub> consumption and respiratory frequency in both sea bream and sea bass. The close associations between the Loligo® Systems respirometer and AE-FishBIT biosensor data outputs also applies to measures of physical activity, though in this case the jerk of accelerations increased exponentially rather than linearly with the increase of swimming



395 speed (Figures 4, 5). Indeed, the jerk magnitude is independent of orientation and it only  
396 reflects accelerations, which are theoretically zero at constant speed. Thus, the vigorous and  
397 irregular tail movements of fish at high speed resulted in a non-linear increase of the jerk of  
398 accelerations. This activity feature was more evident in the case of sea bream, which  
399 probably reflects a lower capability for fast swimming in comparison to sea bass with the  
400 spindle-shaped body characteristic of an active predator (Spitz et al., 2013), as indicates its  
401 common name in France “le loup de mer”. Likewise, for a given  $MO_2$ , measurements of jerk  
402 accelerations were higher in free-swimming fish than in forced exercised fish (swim tunnel),  
403 where a more static position limits changes of trajectory and accelerations (Figures 4, 5, 6).  
404 From tests conducted across the light-phase in free-swimming animals, it is also conclusive  
405 that the range of variation becomes higher for measurements of physical activity rather than  
406 respiratory frequency, especially in the case of sea bass (Figure 6). However, this issue needs  
407 to be corroborated with a more continuous circadian data recording with the advent of new  
408 AE-FishBIT versions.

409 The usefulness of monitoring behaviour remains yet to be fully exploited in aquaculture  
410 practice, though it is well known that swimming performance provides a complete measure of  
411 animal fitness and perhaps stress behaviour in fish kept under specific environmental  
412 conditions (Nelson, 1989; Plaut, 2001; Remen et al., 2016). Thus, measurements of  $MO_2$ , and  
413 secondly respiratory frequency, can be considered a good measure of the energy expended by  
414 fish to integrate a wide-range of physiological processes influenced by both endogenous (e.g.,  
415 size, age, fish strain) and exogenous (light, temperature,  $O_2$  concentration, time of day, etc)  
416 factors. In our experimental conditions,  $MO_2$  increased in sea bream and sea bass from 230-  
417 270 to 370-400  $mgO_2/kg/h$  with the increase of swimming speed from 1 to 4 BL/s (Figure  
418 4A). These reported values are in line with those found in previous studies of gilthead sea  
419 bream (Martos-Sitcha et al., 2018b), European sea bass (Claireaux et al., 2006) or other  
420 farmed fish, such as meagre (*Argyrosomus regius*) (Peixoto et al., 2016), challenged at water  
421 temperatures close to those set in our experimental approach. Thus, given the close  
422 parallelism between measures of  $MO_2$  and respiratory frequency, we can conclude that the  
423 AE-FishBIT biosensor provides reliable results of  $O_2$  consumption in a wide-physiological  
424 range not only when the energy requirements do not exceed the  $O_2$  demand for a sustainable  
425 aerobic metabolism, but also during the anaerobic phase that is largely increased at  
426 submaximal exercise (Ejbye-Ernst et al., 2016). This was evidenced by additional swimming  
427 tests (Figures 7, 8, 9), prolonged until fish exhaustion at 6 BL/s, which also served to  
428 corroborate the suitability of on-board algorithms of respiratory frequency and physical  
429 activity through aerobic and anaerobic conditions (see below).

430  
431 The weight of the first AE-FishBIT prototype is 600 mg in air with an estimated 50 % of  
432 buoyancy. These features make it very convenient for its use in fish of 30-35 g onwards,  
433 according to the empirical “2 % tag/body mass” rule for implanted devices (Winter, 1996;  
434 Jepsen et al., 2004). Recent works claim that this rule can be even extended for some fish  
435 species up to 7 % of body mass without detrimental effects on performance or survival  
436 (Smircich and Kelly, 2014; Makiguchi and Kojima, 2017). In the present study, we assessed  
437 the influence of biosensor implantation on fish welfare by measurements of blood  
438 biochemical parameters in both sea bream and sea bass, and no differences were found  
439 between tagged and non-tagged fish in classical stress markers (cortisol, glucose, lactate) one  
440 week after device attachment regardless of body weight (50- >300 g). During this time, the  
441 observed feeding behaviour was also considered to be quite similar regardless of device  
442 implantation. Although, the lowering effect on plasma TG levels of device attachment in 100-  
443 200 g sea bass and 50-90 g sea bream would be indicative of, at least, a transient impairment

of feed intake. This finding was not evidenced in the largest sea bream (> 300 g), being this fact indicative of the importance to define the critical fish size to minimize the impact of tag burden in welfare and behaviour in different aquaculture scenarios (Figure 10). In parallel, important research efforts continue to be made to reduce the dimensions and weight of upcoming AE-FishBIT prototypes, keeping or even increasing the functional features of the device. At short-medium term, the main envisaged hardware strategies for this miniaturization will consider the use of: i) flexible kapton instead of the current pcb rigid substrate, ii) lighter and smaller long-life batteries and iii) improved circuit packaging architecture based on Flip Chip (Lau, 2016) or embedded wafer level ball grid array (eWLB) technologies (Meyer et al., 2008). These solutions are based on currently available commercial components, but as a part of semi-industrialization packaging and production, we cannot exclude the design of custom integrated circuits as the most ambitious and technologically challenging procedure for the final product miniaturization.

Data processing and software improvements with on-board algorithms are also key steps on the prototype development due to its major impact on data recording autonomy, which makes possible different short- and long-time schedules, adjusted for instance to 2 days (2 min recording each 15 min), one week (2 min recording each 60 min) or three weeks (2 min recording each 180 min). This relatively high autonomy also requires a low computational load, which did not compromise the usefulness of the microprocessor mathematical approximations. This was evidenced by close linear correlations of PC and on-board biosensor outputs in sea bream juveniles, exercised from low to submaximal exercise (Figure 7). This long coverage of exercise activity highlighted that the system remains highly informative of metabolic condition with the shift of aerobic to unsustainable anaerobic metabolism, which reduces the efficiency of ATP production and promotes the accumulation of deleterious by-products (eg.  $H^+$ , lactate) (Richards, 2009; Seibel, 2011). Indeed, aerobic locomotor activity is powered by red oxidative muscle fibers, but when approaching their maximum power capacity, a gait transition to anaerobic fueling is assisted by the activation of fast white muscle fibers that results in fatigue and depletion of muscle glycogen depots (Kieffer, 2000; Sanger and Stoiber, 2001). Some degree of activation of anaerobic metabolism occurs before reaching MMR, as it has been evidenced in different experimental models (Burgetz et al., 1998; Lee et al., 2003; Hinch et al., 2006; Teulier et al., 2013), including sea bream and guppy (*Poecilia reticulata*) (Ejbye-Ernst et al., 2016). However, as pointed out before, the closely related MRF and MMR will mark the start of a burst-assisted swimming, resulting in a change of metabolic scope and swimming energy partitioning (Peake and Farrell, 2004; Peake, 2008; Marras et al., 2013; Svendsen et al., 2015). Importantly, this energy transitioning can be monitored by our prototype device, because discriminant multivariate analysis distinguished two main groups of fish behavior when the achieved MRF-MMR was taken as main criteria of aerobic/anaerobic classification (Figure 9). This complex trade-off is mediated by  $O_2$  sensors (Norin and Clark, 2016), being defined the oxygen limiting saturation (LOS) as the  $O_2$  threshold level that is no longer sufficient to maintain  $MO_2$  at a given temperature and voluntary swimming activity (Remen et al., 2013, 2015). Experimental evidence also indicates that acute hypoxia drives to the re-adjustment of mitochondrial machinery at transcriptional level to cope with a decreased basal metabolic rate, consistent with a low risk of oxidative stress, diminished aerobic energy production and higher  $O_2$ -carrying capacity in blood cells (Martos-Sitcha et al., 2017). Different types of adaptive responses also occur under moderate hypoxia, which reflects the tissue-specific responsiveness of liver, heart, skeletal muscle and blood cells, according to their metabolic capabilities and  $O_2$  availability (Martos-Sitcha et al., 2019). Fish transcriptomic meta-analysis in response to a vast array of challenged conditions highlights the key role of mitochondria in



front of different cellular stresses, including hypoxia, hypercortisolism and malnutrition (Calduch-Giner et al., 2014). In particular, sea bream juveniles exposed to thermal stress or multiple sensory perception stressors (shaking, sound, light flashes, water flow reversal) evidence adaptive responses of glycolytic pathways and mitochondrial respiratory chain (Bermejo-Nogales et al., 2014). How these adjustments at cellular level can be correlated with the monitored AE-FishBIT parameters is the upcoming envisaged challenge in a scenario of global change with increases of temperature, ocean acidification and reduced O<sub>2</sub> concentrations (Gruber, 2011).

Another important challenge is the improvement of the biosensor attachment procedure to the operculum, which was chosen as the target location to make feasible the simultaneous measurements of respiration- and activity-related parameters. External tagging procedures in fish are usually related to telemetry devices in large fish, with application near the dorsal or anal fins (Jepsen et al., 2015). At the present stage, the RapID tag & 3D pocket approach has served for the short-term validation experiences, but this system procedure is not operative for more than 1-2 weeks due to the appearance of macroscopic signals of damage and necrosis caused by loosening at the piercing location. This problem has been currently solved with the use of corrosion-resistant self-piercing fish tags (National Band and Tag Co., Newport, KY, USA) as the attaching biosensor support. In our hands, the attachment implantation procedure takes less than 1 min, but automatization procedures like those used for massive fish vaccination (Skala Maskon, Stjørdal, Norway) need to be implemented for a more practical and routine use of biosensors in fish farming. In any case, specific attachment procedures need to be validated for each fish species, size and physiological condition in different aquaculture scenarios through production cycles.

Further improvements envisaged in the AE-FishBIT device include a more compact design (Figure 11) with the reallocation of the connection pins for charge and data transmission in the bottom side of pcb. The electronic components will be located in the top layer. The enclosure of the device is a protective packaging that completely covers the edge of the printed circuit, which will improve the insulation of the biosensor components. Additionally, the new printed circuit is manufactured in multilayer technology without through holes. The combination of the compact pcb and the protective enclosure results in a fully sealed biosensor with a minimum increase of the total weight (around 900 mg). From the electrical point of view, the design can stand water contact with the connector pins. The supply voltage of the battery is protected by a diode that prevents its discharge. During the experiments, data transmission signals are always in the high impedance state, which prevents currents leakage. The intended prototype (AE-FishBIT v.2) has been tested underwater for more than 24 hours without any additional protection in the electrical contacts. For longer experimental periods, the electrical contacts will be further protected with a removable waterproof lid fixed with strong adhesive. The removable cap will be adapted to be combined with the best attachment procedure for each fish species and experiment duration.

### Concluding remarks

A miniaturized device to register at the same time fish operculum breathing (respiratory frequency) and physical activity has been designed, produced and tested in sea bream and sea bass as the proof of concept of the prototype. The basic operating mode is stand-alone with an autonomy of 6 h of continuous data recording with different programmable schedules (e.g. 2 min each 15 m for 2 days; 2 min each 60 min for 1 week; 2 min each 180 min for 3 weeks). Validity and functional significance of tri-axial accelerations has been assessed under forced



and voluntary exercise and further work is underway to improve semi-industrial packaging and production. From a functional point of view, data analysis depicts the potential use of the proposed prototype for assessing the gait transition of metabolic scope and energy partitioning. The expected impact is the improvement of metabolic phenotyping in a poor invasive manner for the implementation of fish management and selective breeding. The prototype can also contribute to establish more strict and reliable welfare standards, and a better perception of quality controls in aquaculture production.

The prototype is protected by a registered patent (76763/P7259).

## FIGURE CAPTIONS

**Figure 1.** (A) Electrical probing of pcb-mounted devices. (B) Photograph of AE-FishBIT v.1s before encapsulation. (C) Encapsulated AE-FishBIT v.1s in underwater operation. Flashing led light indicates the end of data acquisition program for user reference.

**Figure 2.** Biosensor attachment to sea bream operculum. (A) RapID tag is attached to fish operculum with the tag piercing tool. The external side of the tag (B) allows fixation with adhesive of a 3D-printed pocket. (C) Internal side of attached sea bream operculum. (D) Sea bream with a biosensor attachment with the RapID tag & 3D pocket procedure.

**Figure 3.** Procedure diagram for the calculation of respiratory frequency and physical activity index.

**Figure 4.** (A) Measures of  $\text{MO}_2$  ( $\text{mgO}_2/\text{kg/h}$ ; grey circles) and respiratory frequency (breaths/s; black triangles) of sea bream with increasing speed in the swim tunnel respirometer. Each point represents mean $\pm$ SEM of 8 measures. (B) Measures of  $\text{MO}_2$  ( $\text{mgO}_2/\text{kg/h}$ ; grey circles) and respiratory frequency (breaths/s; red triangles) of sea bass with increasing speed in the swim tunnel respirometer. Each point represents mean $\pm$ SEM of 8 measures. (C) Correlation plot of  $\text{MO}_2$  and respiratory frequency values for each sea bream (black circles) and sea bass (red circles) individual.

**Figure 5.** Output of physical activity index with increasing speed in the swim tunnel respirometer for sea bream (black circles) and sea bass (red circles). Each point represents mean $\pm$ SEM of 8 measures.

**Figure 6.** (A) Daily variation of respiratory frequency values in free-swimming sea bream (white bars) and sea bass (black bars) in 500-L tanks. Each bar represents mean $\pm$ SEM of 6 measures. (B) Daily variation of physical activity values in free-swimming sea bream (white bars) and sea bass (black bars) in 500-L tanks. Each bar represents mean $\pm$ SEM of 6 measures. Different superscript letters indicate significant differences ( $P < 0.05$ ; one-way ANOVA).

**Figure 7.** Validation of on-board algorithms from low to submaximal exercise. Values are mean of six sea bream juveniles. (A) Correlation plot for a given swimming speed between respiratory frequency values calculated for 2 min raw data post-processed on a PC (x-axis) or on-board (y-axis). (B) Correlation plot for a given swimming speed between physical activity index values calculated for 2 min raw data post-processed on a PC (x-axis) or on-board (y-axis).

**Figure 8.** Respirometer and on-board biosensor output from low to submaximal exercise. Values are the mean $\pm$ SEM of six sea bream juveniles **(A)** Respirometer measurements of  $\text{MO}_2$  (mgO<sub>2</sub>/kg/h) with increasing swimming speed. Maximum metabolic rate (MMR) is marked. **(B)** Respiratory frequency (breaths/s) with increasing swimming speed. The maximum respiratory frequency (MRF) is marked. **(C)** Physical activity index with increasing swimming speed.

**Figure 9.** PLS-DA score plot of on-board calculated parameters at different swimming speeds before (black squares) and after (red squares) the achievement of the MMR in sea bream juveniles from low to submaximal exercise.

**Figure 10.** Plasma levels of **(A)** cortisol, **(B)** glucose, **(C)** lactate and **(D)** triglycerides as a percentage of non-tagged control values. Each bar represents mean $\pm$ SEM of n = 5-7 for each fish species and class of size. Asterisks indicate statistically significant differences with control (P < 0.01, Student's t-test).

**Figure 11.** Schematic 3D view of the intended AE-FishBIT v.2 prototype before **(A)** and after packaging **(B)**.

## AUTHOR CONTRIBUTIONS

JPS coordinated the different research teams; JS, DRV and JAMN assembled the device components and implemented software programming; CCD and MAF established mathematical parameters for data outputs and on-board algorithm approximations; FJB, EC, AV and ML worked on device packaging and insulation procedures; JPS, JAMS and JMA conducted functional tests; JAMS, JACG and JPS wrote the manuscript; all authors edited the manuscript; all authors read and approved the final manuscript.

## CONFLICT OF INTEREST STATEMENT

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

## ACKNOWLEDGMENTS

We acknowledge support of the publication fee by the CSIC Open Access Publication Support Initiative through its Unit of Information Resources for Research (URICI).

## FUNDING

This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No.652831 (AQUAEXCEL<sup>2020</sup>, Aquaculture infrastructures for excellence in European fish research towards 2020). This publication reflects the views only of the authors, and the European Commission cannot be held responsible for any use which may be made of the information contained therein. Additional funding was obtained from project SURF (TEC2014-60527-C2-1-R) of the Spanish Ministry of Economy and Competitiveness and the European Regional Development Fund (FEDER).



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Figure 1.TIF

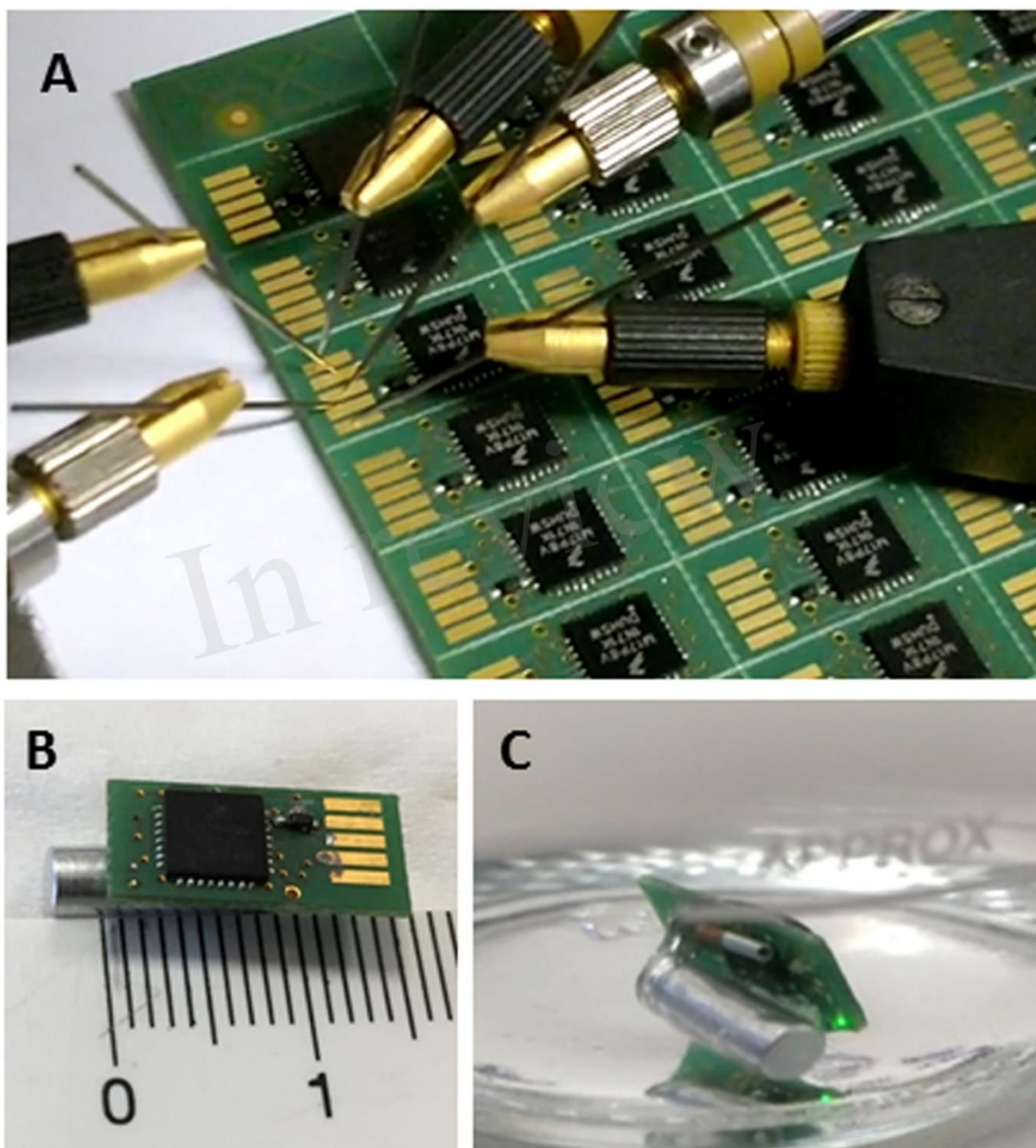




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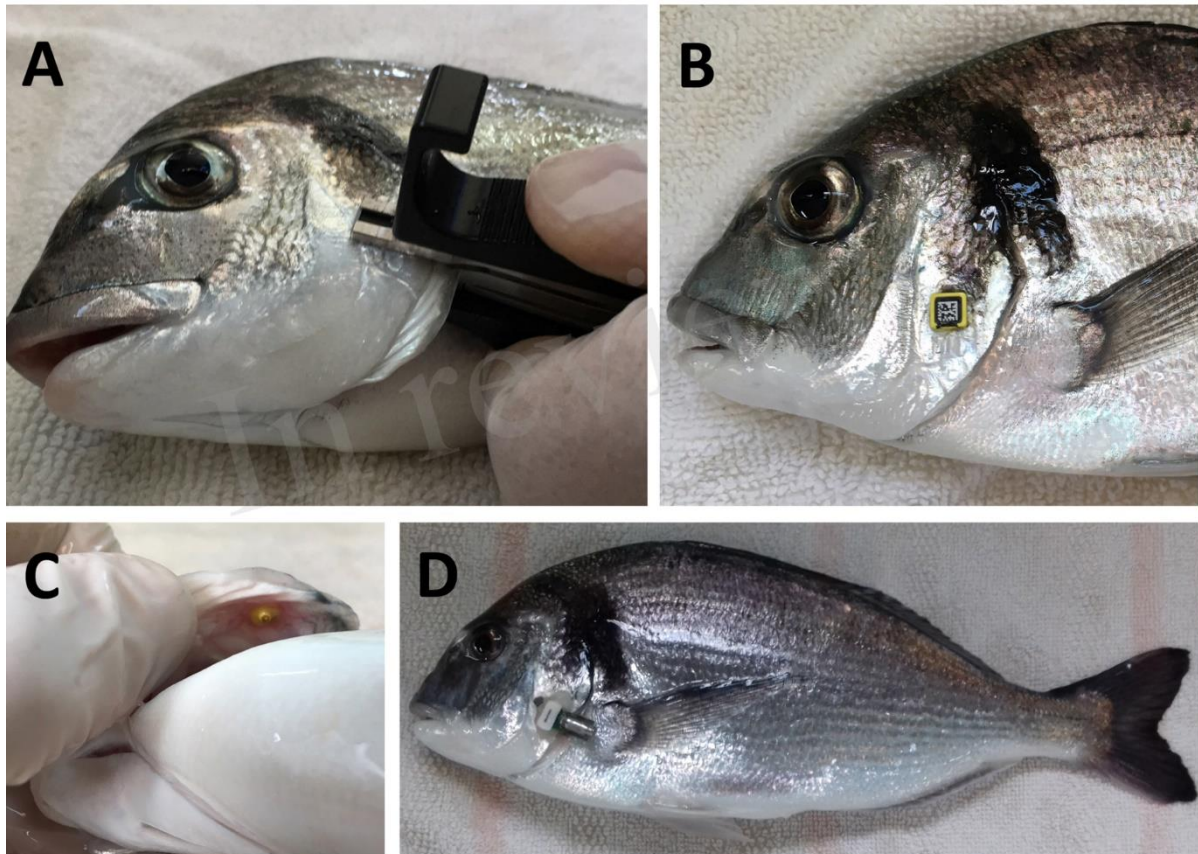
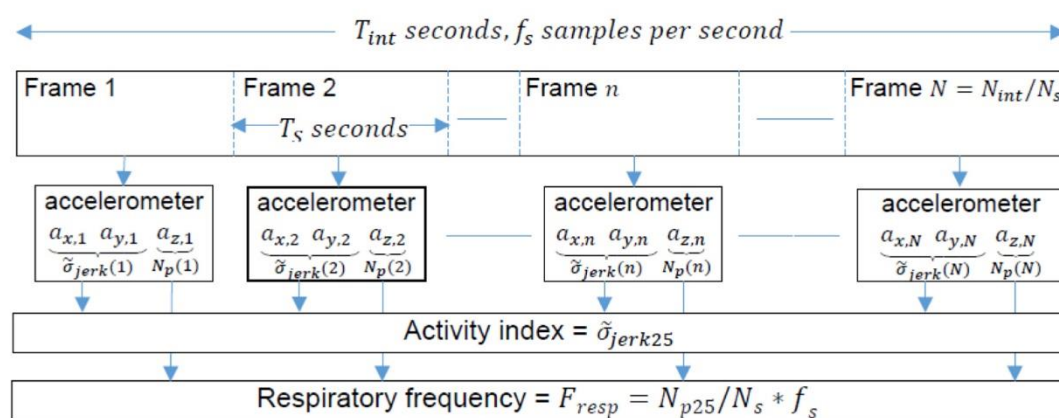




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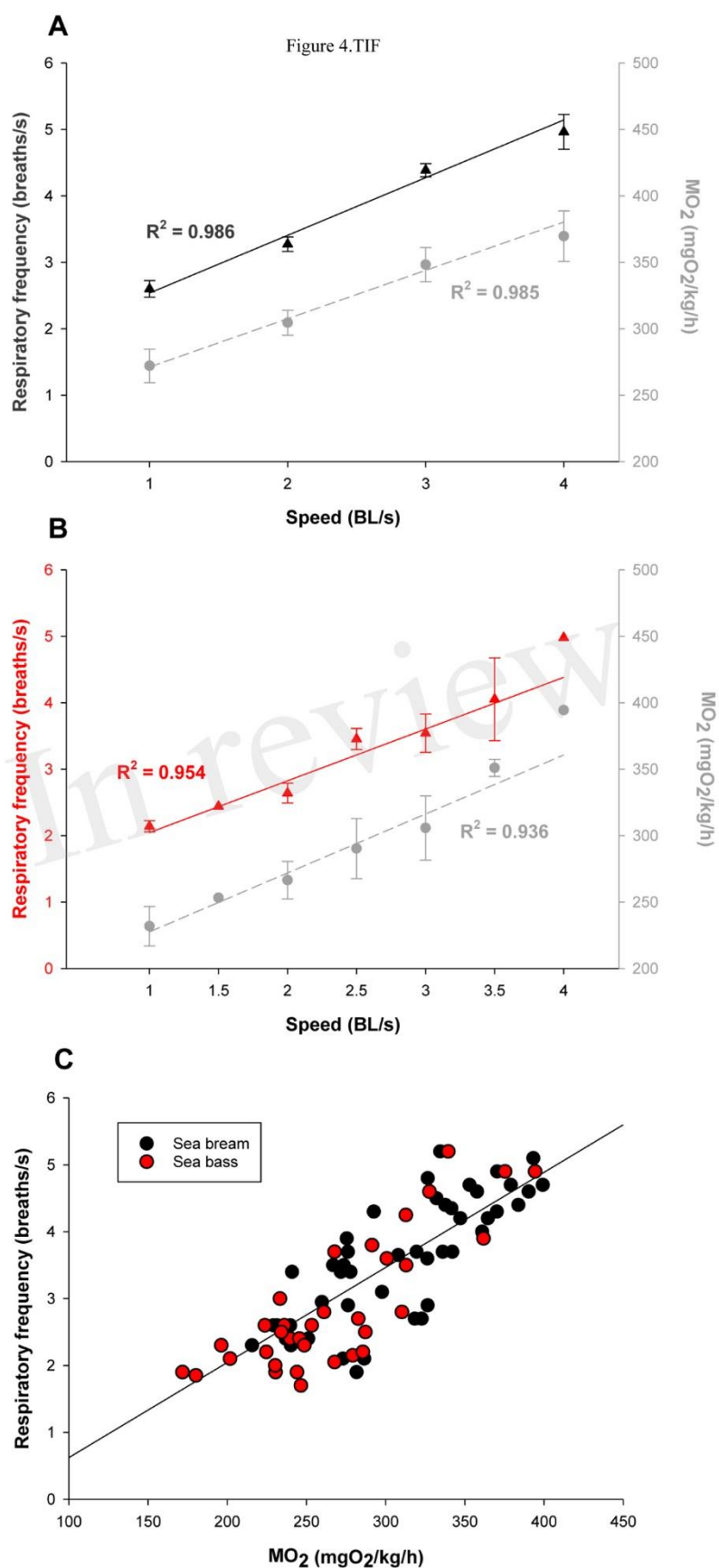


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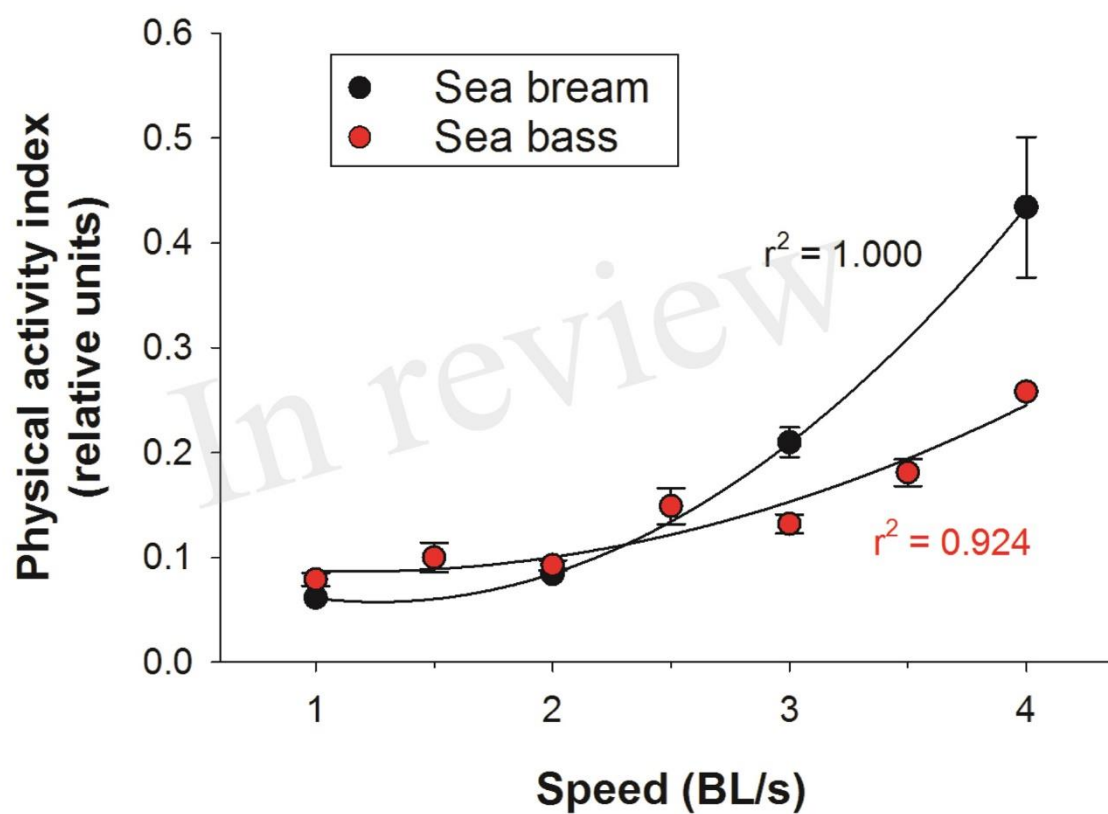
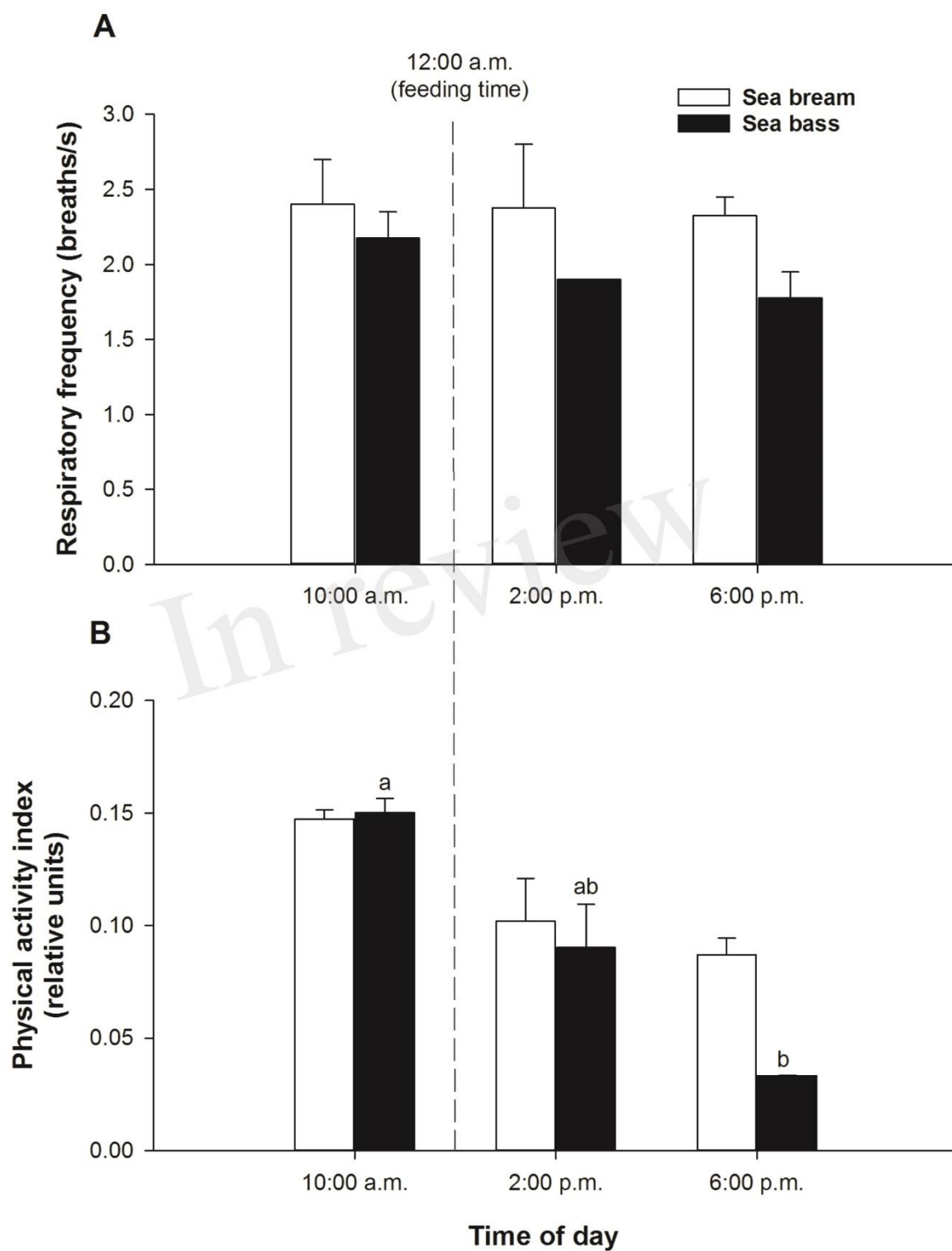
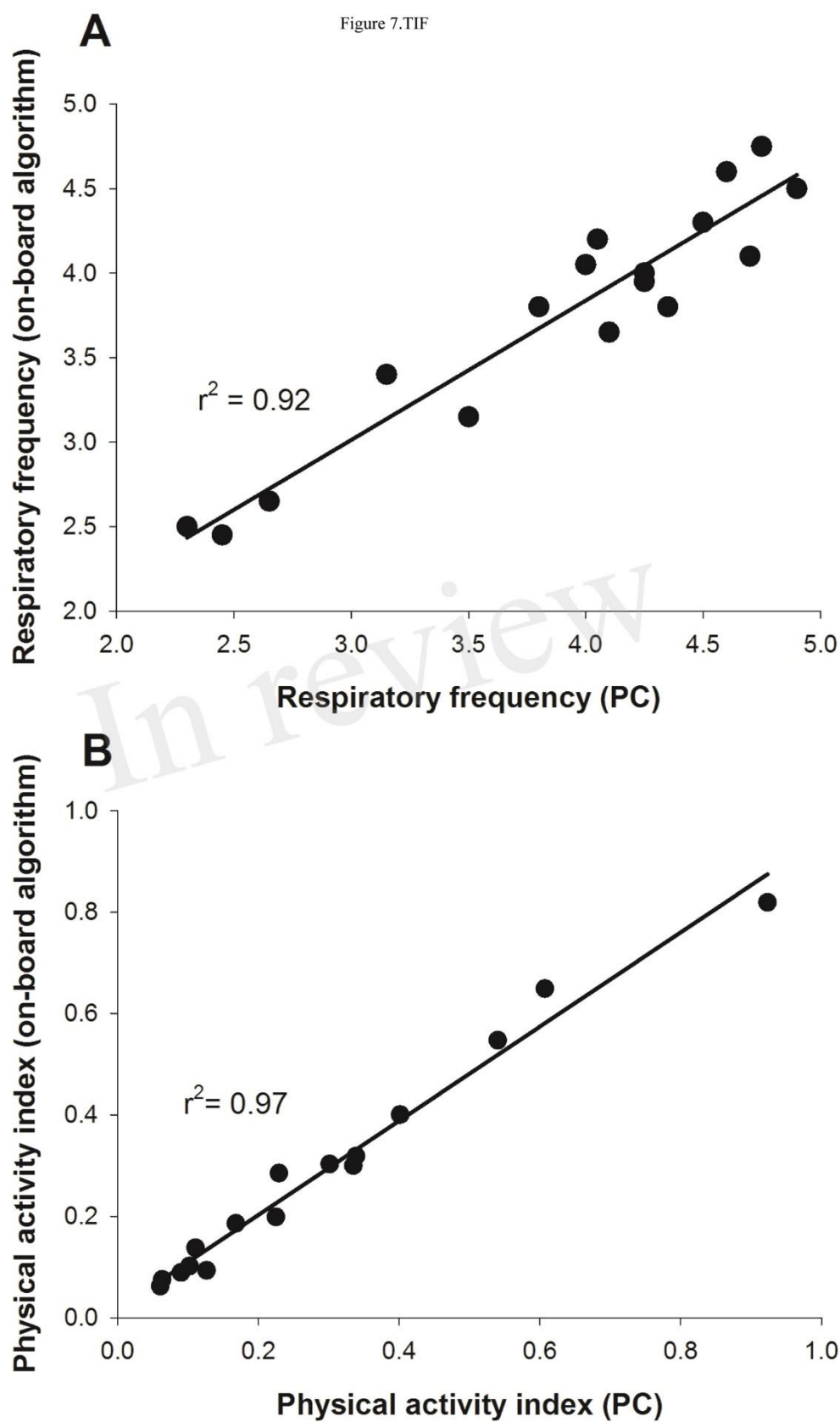




Figure 6.TIF





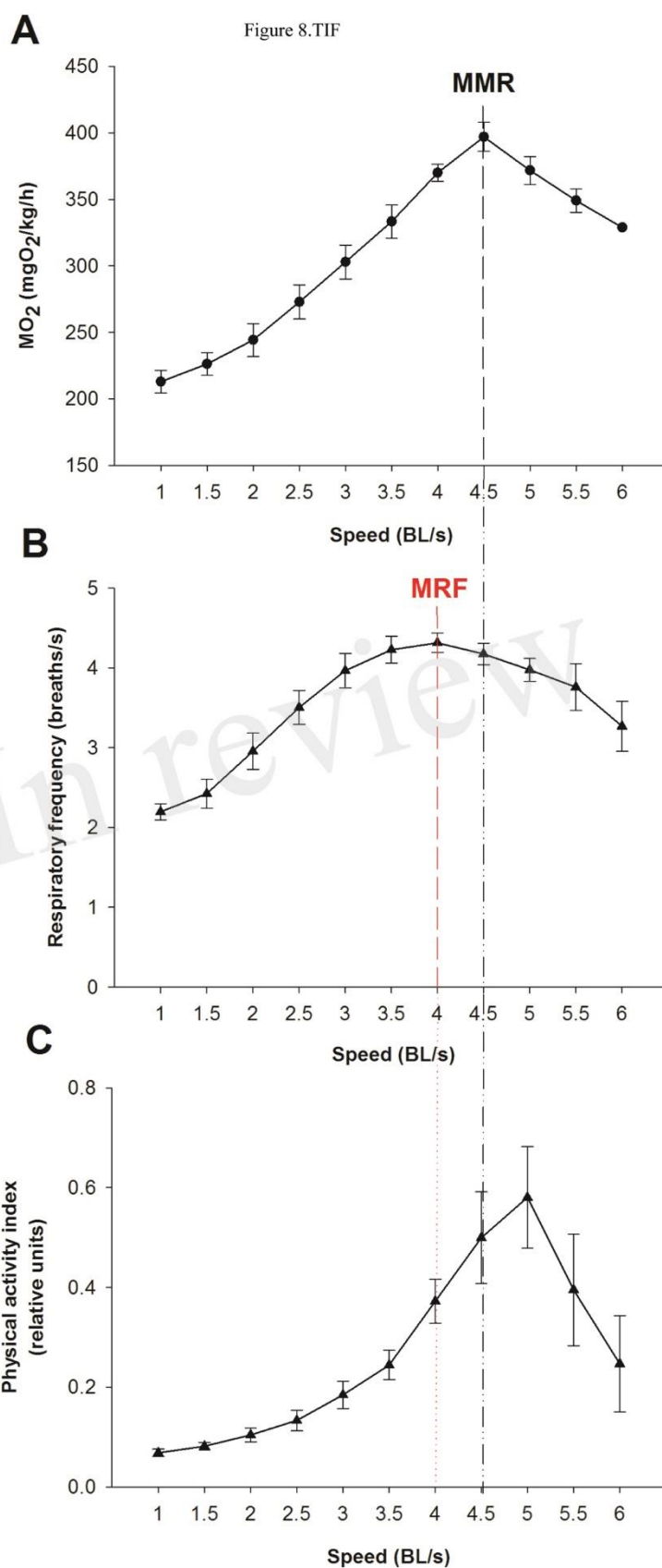




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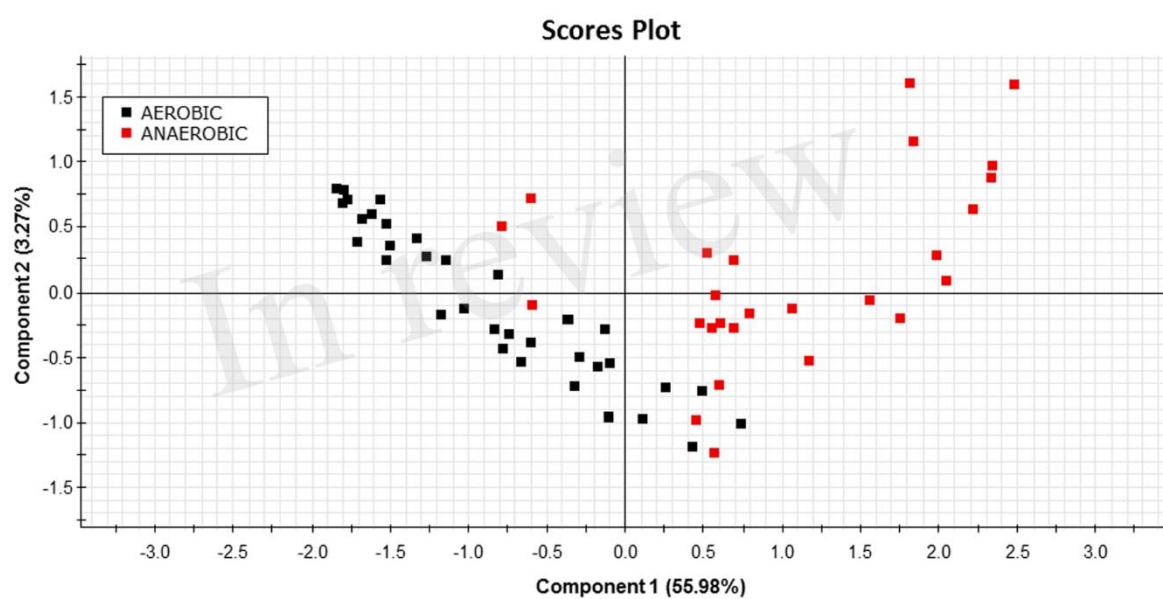


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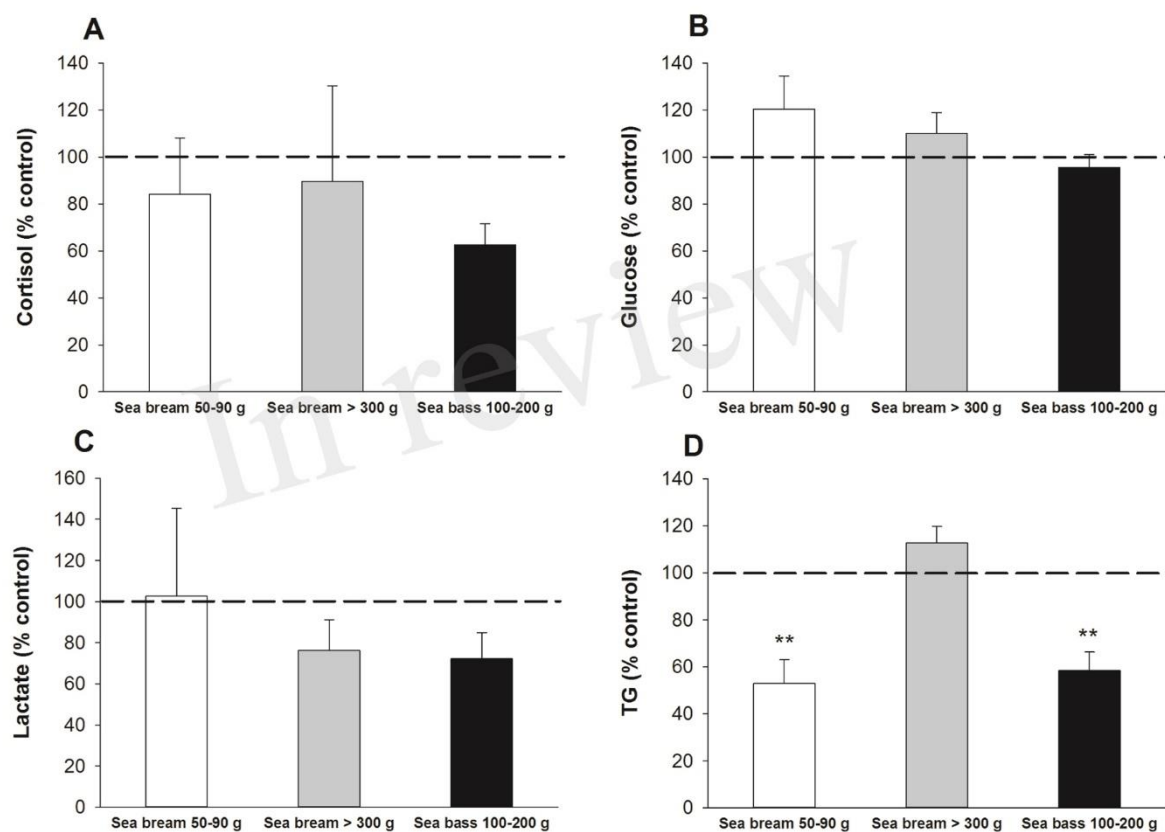
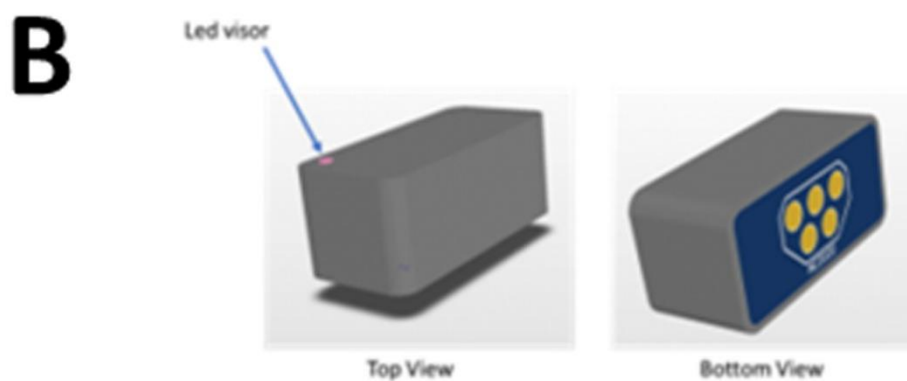
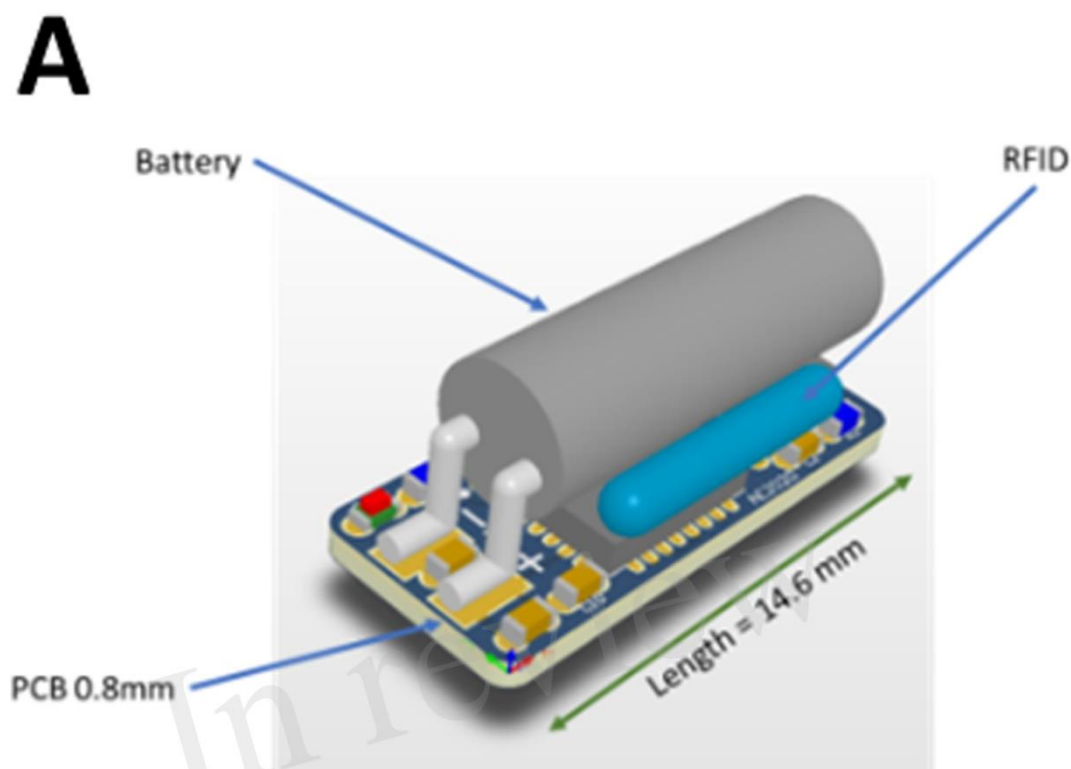


Figure 11.TIF



**Full packaging**

Intended size: 15.1 x 6.9 x 6.3 mm  
Intended weight: 900 mg